

The Hamilton Senior Center Presents:

# Circle of Friends

Sponsored by: VanDyck Law Group  
Estate Planning & Elder Law Attorneys



**Last Friday** of every Month  
January 30<sup>th</sup> - February 27<sup>th</sup> - March 27<sup>th</sup>  
9:00am in the All Purpose Room



Grief comes in many forms. A safe space to talk about our journey in grief allows us to experience our emotions with other's who share the same. This group will focus on grieving a lost loved one or grieving someone living who has a long-term health condition or dementia. This group will be

facilitated by Sheli Monacchio, Sheli is a Bereavement Facilitator and will provide this safe space monthly for our Senior Members on the last Friday of each month.

**No sign-up required.**

**VanDyckLawGroup**  
Estate Planning & Elder Law Attorneys  
Plan for life ahead.