

COMMUNITY HEALTH SURVEY

June 2023



Below are key findings from the community health survey administered by the Hamilton Township Division of Health (n=173). The purpose of this survey is to better understand the self-reported health of the Hamilton community.



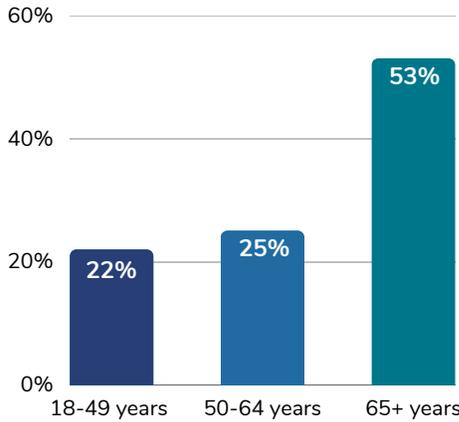
Public Health
Prevent. Promote. Protect.



Hamilton Township
Mayor's Wellness Campaign
Keeping Hamilton in Motion



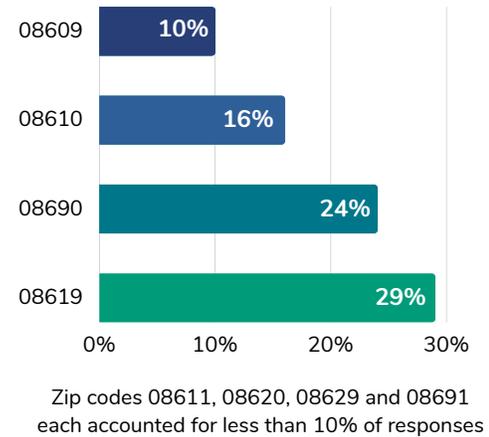
Age Range



Health Insurance Status



Zip Code



53%

have been told they have **high blood pressure** by a healthcare professional



18%

have been told they have **diabetes** by a healthcare professional



26%

reported **NOT participating in physical activity** during the past month outside of their regular job



9%

reported 14 or more days where their **mental health was not good** within the past 30 days

Most participants self-report their general health as **GOOD!**



Less than 5% of participants reported a poor health status



80%

have been to the doctor within the past year for a routine check up

Excessive drinking was identified in 7% of participants using the AUDIT 1-3 scoring



Food Insecurity >>>

A response of 'sometimes true' or 'often true' to one or both of the questions below is a predictor there is some level of food insecurity present



answered 'sometimes true' or 'often true' to this question: Within the past 12 months, the food we bought just didn't last and we didn't have money to buy more.



answered 'sometimes true' or 'often true' to this question: Within the past 12 months, we worried whether our food would run out before we got money to buy more.

This infographic is a summary of key findings, to view the full data report please visit www.HamiltonNJ.com/Health

Please use caution when generalizing these findings to the wider community, due to limited sample size (n=173) and age distribution.