

# **Community Resource Directory**



**Hamilton Township Senior Center**

***“A Senior Community Focal Point”***



Dear Friends,

Our older adults are valued and are a treasured part of our community and their happiness, health and well-being are an important goal for all of us in public service. We hope that this directory is helpful and can assist in answering many of the question and needs of the aging.

This directory is intended to provide an informational guide for better understanding and access to services and facilities in our area which are available for older adults. It is not intended to be all-inclusive, but to offer a listing of many of the available resources in this area for housing, medical insurance, home-care, nutrition, transportation, education, recreation and much more.

The Township of Hamilton hopes that this directory is a beneficial and positive addition to older adults and their families.

Sincerely,

The Hamilton Senior Center Staff



The mission of the Hamilton Township Senior Center is to promote the most enriching quality of life for our Hamilton Township Seniors. The Center is a community focal point where older persons can gather together for activities and services, which enhance their dignity, support their independence and encourages involvement in and with the community. We have developed and implemented programs and activities in the areas of health and fitness, education, recreation, socialization, and volunteerism. Our goal is to increase public awareness and promote active participation of our senior population.

The following are some of the many activities, events, and programs offered at The Senior Center:

- ◆ Billiards
- ◆ Bingo
- ◆ Blood Pressure Screenings
- ◆ Bus Trips
- ◆ Cards
- ◆ Chair Exercise
- ◆ Choral Group
- ◆ Computer Assistance
- ◆ Dominoes
- ◆ Fitness Room
- ◆ Health Topic Seminars
- ◆ Indoor Bocce
- ◆ Indoor Swimming
- ◆ Line Dancing
- ◆ Mah Jongg
- ◆ Nutrition Program
- ◆ Special Events
- ◆ Tai Chi
- ◆ Transportation Services
- ◆ Yoga



**Hamilton Township Senior Center**  
409 Cypress Lane  
Hamilton, NJ 08619

Telephone: (609) - 890-3686

Fax: (609) - 588 - 8074

Hours: Monday, Tuesday, Wednesday & Friday 8:30am - 4:00pm

Thursday 8:30am - 7:00pm

[Www.hamiltonnj.com/seniors](http://www.hamiltonnj.com/seniors)

## Affordable Clothing & Household Goods

→ Goodwill Thrift Store:  
594 US Highway 206 North, Bordentown, NJ  
609-291-0091

→ Red, White & Blue:  
2055 Nottingham Way, Hamilton, NJ  
609-586-1608

→ Salvation Army:  
15 Route 33, Hamilton, NJ  
609-890-9664



## Home Care Agencies/Respite Care

Home Health Aids help with personal care, bathing, dressing, walking, food preparation, etc. Aides are trained, some certified and work under the supervision of registered nurses. Some offer Respite services (a program which provides temporary or short term care) to aid families experiencing fatigue and stress due to long-term care giving of frail, elderly and/or disabled members.

- A+ Senior Care  
609-450-1719  
856-470-9018
- Assured Senior Care  
100 Horizon Center Blvd Suite 110  
Hamilton NJ  
609-838-0272
- Bayada  
East Windsor, NJ  
609-896-4927
- Buckingham Place  
700 Woods Lane, Suite A  
Monmouth Junction, NJ 08052  
732-329-8954 Ext. 1
- Careten  
101 Grovers Mill Road Suite 130  
Lawrenceville, NJ 08648  
609-803-3110
- Comfort Keepers  
2360 NJ 33 #103, Robbinsville, NJ  
609-438-7859
- Home Instead Senior Care  
153 S Main Street, Hightstown, NJ  
609-448-7555



## Assisted Living Facilities

- Brookdale Hamilton  
1645 Whitehorse-Mercerville Road,  
Trenton New Jersey 08619  
888-595-9061
- CareOne  
1660 Whitehorse Hamilton Square Road  
Hamilton Township, NJ 08690  
609-586-4600
- Hamilton Grove Healthcare and Rehabilitation  
2300 Hamilton Ave, Hamilton  
New Jersey 08619  
888-595-9081

## Adult Day Care Services

- ActiveDay  
410 Whitehead Road  
Hamilton, NJ 08619  
609-883-0200

## Hospice Care

- Embracing Hospice Care  
732-974-2545
- Holy Redeemer  
888-678-8678
- Samaritan  
800-229-8183
- Stein Hospice  
732-227-1212

## Insurance/Financial Information

- Lifeline  
→ Utility assistance program offers a yearly benefit of \$225 credit on electricity bills. This is open to people who are New Jersey residents and are 65 years of age or older, or Social Security disabled. Lifeline is available to utility customers and tenants who's utilities are included in the rent. Call 609-890-3686 for more information.
- PAAD  
→ Helps to pay for prescription medicines and certain pharmacy items. Recipients must pay co-pay for each prescription and the State of New Jersey pays the remaining costs. Call 609-890-3686 for more information.
- Senior Gold  
→ The Senior Gold Prescription Discount Program a state-funded prescription program with a different co-payment structure and income eligibility guidelines than those of PAAD.
- NJ SHARES Energy Assistance Program:  
→ Energy assistance for middle income families who are in a financial hardship within a calendar year. NJ SHARES will pay up to \$1,000 on your account. Call 609-890-3686 for more information.
- Mercer County Board of Social Services  
200 Woolverton Street, CN 01450 or P.O. Box 1450  
Trenton, NJ 08650-2099  
609-989-4320  
Hours: Monday - Friday 8:30am - 4:30pm  
Programs Include:
  - Medicaid Federal/State Health Assistance Program: Pays Medical bills for eligible persons. Must meet financial eligibility criteria.
  - Food Stamps Federal Assistance Program: Helps eligible persons purchase food.
  - Social Services Adult Protective Services: Evaluation of situations involving individuals 18 years or older who are at risk of abuse, neglect and/or exploitation 609-989-4451 (intake).
  - Homemaker Services: Provision of in-home services to assist the aged or disabled.
  - Medical Transportation Services: Provision of transportation to Medicaid eligible recipients for medical appointments.



- **Medicaid Waiver Programs:**
  - **Community Care Program for the Elderly and Disabled (CCPED):** Helps individuals to continue to live at home rather than going to a nursing home. Services of visiting nurse and adult day care available. Low income eligibility and proof of assets required. Call 609-989-4664 for more information.
  - **Caregiver Assistance Program (CAP):** Provides in-home services to seniors at risk of placement in a nursing facility, through Mercer County Commission on Aging call 609-989-6661 for more information.
  - **Assisted Living Waiver:** Promotes resident's self direction and participation in decisions that emphasize privacy, individuality, dignity, and choice in homelike surroundings.
  - **Qualified Medicare Beneficiary Program (QMB):** Helps pay Medicare out-of-pocket expenses for some low income persons.

### Financial Information:

- **Mercer County Home Energy Assistance Program (HEAP)**  
640 Broad Street, Room 402, Trenton NJ  
609-989-6959
- **Financial Assistance to defray cost of home heating**  
New Jersey Medicaid Program  
Division of Medical Assistance and Health Services (DMAHS)  
P.O. Box 712 Trenton NJ 08625  
609-588-2724
  - Division of Medical Assistance and Health Services
  - Federal assistance program administered by the State of New Jersey for the needy. It covers most hospital, medical and prescription expenses. Low income, low assets.
- **Medicaid for Nursing Homes of Mercer County**  
609-989-4664
  - Applicant must meet financial and medical necessity requirements. Low income, low assets. Must "spend down" assets when already in nursing home and Medicare has expired. Process of evaluation is individual and complex.



### Medicare

- **Medicare**  
1-800-772-1213 (State toll free number)
  - Medicare Supplemental Insurance (NJ Dept. of Insurance) 609-292-5363
  - Federal Health Insurance Program operated by the Social Security Administration. Patient or spouse must have contributed to fund while employed (part of Social Security deduction.)
- **Senior Health Insurance Program (SHIP)**  
Family Guidance Center : 609-924-2098 x16
  - State program that provides information on medical insurance for seniors, disabled and for Mercer County residents enrolled in Medicare. Information can be requested regarding supplemental insurance.

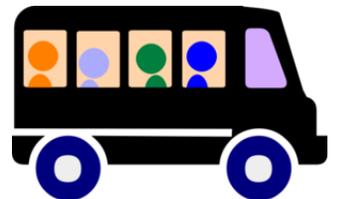


- Medicare + Choice (Also known as Medigap)
- Health Insurance programs available to supplement Medicare, Information on these programs can be obtained from State Health Insurance Program (SHIP)

You can access additional information at [www.medicare.gov](http://www.medicare.gov).

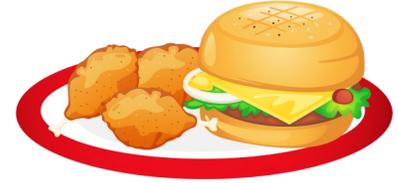
## Transportation

- Hamilton Township Senior Center  
409 Cypress Lane Hamilton, NJ 08619  
609-890-3686
- Free transportation services offered by the Hamilton Township Senior Center are for Hamilton Seniors that no longer are able to drive themselves.
- Transportation will be provided for doctors, lab tests, and physical therapy appointments and food shopping.
- Two (2) week advance notice to schedule is required. Call The Senior Center to arrange for your appointment.
- New Jersey Transit (“Access Link”)  
1 Penn Plaza East Newark, NJ 07105  
1-800-955-2321
- Provides public transportation for persons with disabilities who are unable to use their local bus service according to the Americans with Disabilities Act (ADA) an affordable cost.
- Curb to curb transportation.
- Scheduling one to fourteen days in advance.
- Individuals must meet eligibility requirements.
- Transportation Resources to Aid the Disadvantaged and Elderly (T.R.A.D.E.)  
Mercer County DOT Facility  
3 Scotch Road Building 1 Trenton, NJ 08628  
609-530-1971 or 530-1972
- Provides transportation to medical appointments, employment, school, shopping, and other essential services.
- Call between 9:00am - 4:00pm daily
- No fee
- Up to 14 days prior to date of appointment.
- New Jersey Transit Reduced Fair Program  
180 Boyden Avenue Maplewood, NJ 07040
- Seniors 62 and over and the disabled can ride NJT trains, light rail and buses for a 50% or more reduction in fair.
- You must show your Medicare Card, NJ Transit Card, NJ Transit Reduced Fare I.D. or other accepted I.D.
- NJ Transit Reduced Fair I.D.’s can be obtained from local banks or from above address.



## Nutrition

- **Mobile Meals of Hamilton**  
2277 State Highway 33 Suite 404  
Hamilton Square, NJ 08690  
Www.mobilemealshamilton.org  
609-448-4088



- Delivers hot nutritious meals to Hamilton residents whose physical, mental or social conditions require a home-delivered meal service.
  - Qualified individuals are homebound, chronically ill, handicapped or convalescing.
  - Age or financial ability is not a factor.
  - Meals are delivered five days a week.
- **Meals on Wheels**  
320 Hollowbrook Drive Ewing, NJ 08638  
info@mealsonwheelsmercer.org  
609-695-3483
  - Serves homebound seniors whose are over 60 years of age in their communities.
  - Serves those who find themselves unable to cook or shop due to the onset of a debilitation disease, or another life changing situation making them homebound.
  - Services can be used temporary or for a longer term.

- **Eat Well To Go**  
609-864-2675  
Www.eatwelltogo.com

- Offer fresh meals that only need to be reheated
- Delivers Monday through Thursday between 2:00 and 5:00pm with weekend meals arriving on Thursday.
- Fixed cost, you can order for a day, 10 or more.



- **Hamilton Township Senior Center**  
409 Cypress Lane Hamilton, NJ 08619  
609-890-3686

- The Mercer County Nutrition uses The Hamilton Site at the Senior Center located at 409 Cypress lane. Please call 609-586-7272 between 8:30am and 12:30pm to register for lunch at the Hamilton Site.

## Food Pantry

- **Saint Raphael-Holy Angels Food Pantry in Hamilton NJ**  
151 Gropp Ave Hamilton, NJ 08610  
609-585-3848
- Open two Saturdays a month, usually first and third from 9:00am - 11:00am
- Eligibility based on income

- **Bromley Neighborhood Center**  
1801 E. State Street Hamilton, NJ 08609  
609-587-8100

- Eligibility based on income
- Please call the number above for more information.



## Adult Education & Careers

- **Hamilton Township Senior Center**  
409 Cypress Lane Hamilton, NJ 08619  
609-890-3686
  - The Center offers a variety of classes, such as, chair exercise, swim exercise and much more. Classes are both fee and non-fee based. Please call the center for more information as well as looking at our monthly activities calendar.
- **Hamilton Public Library - Basic Computer Skills**  
1 Justice Samuel A. Alito Jr. Way Hamilton, NJ 08619  
609-581-4060
  - Must register in advance through the Reference Desk
  - Must have a library card in good standing
  - Computer are guaranteed to 10 students, if class is full you will be placed on waitlist.
  - Classes typically run for an hour.
- **Mercer County Community College (Non-Credit Classes)**  
609-570-3311  
comed@mccc.edu
  - Mercer County Residents who are 65 or older may enroll in courses without paying full tuition - but must pay fees if seats are available.
  - Must register in person at the West Windsor Campus or James Kearney Campus.
- **One-Stop Career Centers**  
877-872-5627  
Careerconnections.nj.gov
  - Offers a wide range of tools to help people, including military veterans, those who are 55+ and individuals with disabilities, find a new job or career.
  - Services are free.



## Social Services

- **Outreach Services**  
640 S. Broad Street Trenton, NJ 08650  
609-989-6661  
Hours: Monday - Friday 8:30am - 4:30pm
  - Provides information and counseling services to isolated, frail, homebound elderly through casework services on the telephone, in the office or in the client's home. Assistance is given to clients in filling out forms to apply to local, state and federal programs. (Not a formal case management program.)

## Identification Cards

- **Identification Cards**  
Hamilton Township Senior Center  
409 Cypress Lane Hamilton, NJ 08619  
609-890-3686  
→ Senior I.D. cards are issued between the hours of 9:00-3:00pm daily. Please bring TWO proofs of residency.
- **Mercer County I.D.**  
Mercer County Clerks Office  
209 South Broad Street Room 100 Trenton, NJ  
609-989-6998  
→ No appointment needed; approved government photo I.D.
- **New Jersey Division Of Motor Vehicles**  
Baker's Basin DMV Location  
609-292-6500  
1-888-486-3339  
[www.njmvc.gov](http://www.njmvc.gov)  
→ Must bring specific forms of identification, which are listed on the website.  
→ Please call for more information.
- **National Park Pass**  
→ Lifetime FREE admission to national parks, recreation areas, forest, BLM, Fish & Wildlife  
→ 50% discount on service fees  
→ Must be at least 62 years of age or disabled  
→ Must obtain pass at the park
- **New Jersey State Park Pass**  
NJ Department of Environmental Protection  
Division of Parks and Forestry CN 404  
Trenton, NJ 08625-0404  
1-800-843-6420  
→ Free or reduced admission to state parks, forests, historic sites and recreation areas.



## Identity Theft

Call the following places:

- If you suspect you have been a victim of identity theft; call your local police, credit card companies, banks, investment companies, licensing agencies and Social Security Administration.
- Mercer County Consumer Affairs at 609-989-6671
- Federal Trade Commission at 1-877-438-4338

# Identity Theft

## **Mercer County Office On Aging**

- **What is NJ EASE**
  - NJ EASE (New Jersey Easy Access, Single Entry) is the easy way for seniors and their families to get information about and access senior services.
  - NJ EASE is one toll-free telephone number to put you in touch with someone to help you learn about and apply for important program and benefits.
  - NJ EASE promotes independence, dignity and choice for New Jersey's older adults.
  - When you dial the NJ EASE toll-free telephone number, a person from an agency in your county answers. You'll speak with someone who is trained, knowledgeable and ready to help you. Once services are provided, NJ EASE keeps in touch with you to make sure the services continue to meet your needs.
  
- **NJ EASE Services**  
**Call: 1- 877- 222- 3737**
  - NJ Ease staff members are trained to provide you with answers and information on a wide variety of topics, including:
    - \* Healthcare
    - \* Insurance
    - \* Home Care Services
    - \* Long Term Care Options
    - \* Transportation
    - \* Social Activities
    - \* Nutrition
    - \* Volunteer Opportunities
    - \* And More!

## Housing Assistance Programs

- **Division of Housing and Community Resources**
  - **Homeless Prevention**  
**Hotline: 866-889-6270**  
**For Mercer County: 609-989-9417**
  - **Energy Assistance Programs**  
**1-800-510-3102**
  - **Section 8 Housing**  
**609-292-4080**
  
- **HUD Isles, Incorporated**  
**10 Wood Street, Trenton NJ, 08618-4705**  
**609-341-4700**  
**Isles.org**
  - **Mortgage delinquency and default resolution counseling**
  - **Pre-purchase counseling & education workshops**
  - **Resolving/Preventing mortgage delinquency workshops**



## Housing Assistance Programs

- HUD American Credit Alliance, Inc.  
26 South Warren Street, Trenton NJ, 08608-2108  
Phone: 609-393-5400  
Toll Free: 800-332-8648
  - Financial management/budget counseling
  - Mortgage delinquency and default resolution counseling
  - Non-delinquency post purchase workshops
  - Pre-purchase counseling
  - Pre-purchase homebuyer education and workshops
- Homefront  
1180 Princeton Avenue, Lawrenceville NJ, 08648  
609-989-9417
  - Provides limited financial assistance to low and moderate income tenants in imminent danger of eviction due to temporary financial problems beyond their control.
- Council on Affordable Housing  
101 South Broad Street  
PO Box 813  
Trenton, NJ 08625  
609-292-3000
  - To facilitate the production of sound, affordable housing for and moderate income households by providing the most effective process to municipalities, housing providers, nonprofit and for profit developers to address a constitutional obligation within the framework of sound, comprehensive planning.
- Catholic Charities Diocese of Trenton  
132 N Warren Street, Trenton NJ, 08608  
609-394-8847
  - Provides basic needs and self-sufficiency assistance, including rapid re-housing and temporary housing, food pantry, along with free clothing & household goods. Also offers disaster response assistance, home services for seniors & referrals for services through your parish.
- New Jersey Housing Resource Center (NJHRC)  
Toll Free: 1-877-428-8844
  - Affordable rental housing
  - Affordable for-sale housing
  - Housing with accessibility features



## Handicap Placard

- New Jersey Motor Vehicle Commission  
Mail to: New Jersey Motor Vehicle Commission P.O Box 160 Trenton, NJ 08666  
609-292-6500  
7-1-1 NJ Relay
  - Application for vehicle license plates and/or placard for persons with a disability:  
[https://www.state.nj.us/mvc/pdf/vehicles/HDC\\_Placard\\_Application.pdf](https://www.state.nj.us/mvc/pdf/vehicles/HDC_Placard_Application.pdf)
  - Application for Temporary Placard:  
<https://www.state.nj.us/mvc/pdf/vehicles/SP-68.pdf>
  - Wheelchair Symbol Plate and Placard Checklist:  
<https://www.nj.gov/mvc/pdf/vehicles/SP-41a.pdf>

## Handicap Placard

- **HAMSTAT**

Mail to: NJMVC Special Plate Unit P.O. Box 015 Trenton NJ, 08666-0015

- A copy of the vehicle registration must be included with plate applications. There is no additional charge for handicapped plates. Applicants without a license or non-driver identification card must prove identity by passing 6 Point ID Verification.
- Application for Vehicle License Plates and/or Placards:  
<https://www.state.nj.us/mvc/pdf/vehicles/SP-41.pdf>



## Tax Assistance

- **Hamilton Senior Center**

409 Cypress Lane Hamilton, NJ

609-890-3686

- Free Tax Assistance
- Appointment is necessary
- Thursday 8:30am - 4:00pm
- Call 609-890-3686

- **Mercer County Connection**

957 Highway 33 Hamilton, NJ

609-890-9800

- Open February 1st-April 15
- Monday, Wednesday, Friday 10:00am - 2:00pm
- Free Tax Assistance

- **RWJ Fitness and Wellness Center**

3100 Quakerbridge Road, Mercerville

- Appointment necessary; call 609-584-5900
- Free income tax preparation assistance to help residents prepare and file their taxes. Wednesdays 9am-1pm.

- **Boys & Girls Club**

212 Centre Street, Trenton

- Appointment necessary; call 609-392-3191
- English/Spanish bilingual assistance
- Free income tax preparation assistance to help residents prepare and file their taxes.

- **Hamilton Township Free Public Library**

1 Justice Samuel A. Alito Way, Mercerville

Walk-ins Welcome; call 609-581-4060 for required paperwork

- Free income tax preparation assistance to help residents prepare and file their taxes.



## Unclaimed Property

- **Unclaimed Property Administration (UPA)**  
609-292-9200
- Recovers and records abandoned or lost intangible and tangible property. The UPA's goal is to return this property to the rightful owner and/or heirs. The New Jersey Unclaimed Property Statute ensures that property owners never relinquish the right to this property and the UPA only as a custodian until the property is returned.

## Utility Assistance

- **NJ SHARES**  
1901 North Olden Avenue Extension, Suite 1A Ewing, NJ 08618  
Phone: 609-883-1626  
Toll Free: 866-657-4273
- Nationally recognized non-profit organization that provides assistance to individuals and families living in NEW JERSEY who are in need of temporary help in paying their energy bills.
- **Lifeline (Partnered with NJ SHARES)**  
Toll free hotline: 1-800-792-9745
- This program provides a \$225 annual benefit in the form of a credit on electric and gas utility bills for eligible beneficiaries
- To be eligible for beneficiaries must:  
Be a recipient of Pharmaceutical Assistance to the Aged and Disabled (PAAD) or meet the PAAD eligibility requirements; or be a recipient of either Medical Assistance to the Aged (MAA), Medical Assistance Only (MAO) or New Jersey Care.
- **NJ 2-1-1**  
Dial 2-1-1 or 1-877-652-1148
- Connects people to day care facilities, shelters, affordable housing units, social services, employment training programs, senior services, medical insurance, and more.
- **PAGE (Payment Assistance for Gas and Electric)**  
59 Broad St., Eatontown, NJ 07724  
20 Gibson Place, Suite 200, Freehold NJ 07728  
3535 Rt 66 Parkway 100 Complex Building 4 Neptune, NJ 07753  
32-982-8710
- A state-funded utility assistance program that helps low to moderate income families in New Jersey pay their utility bills.
- May qualify if you are a New Jersey resident who rents or owns a home and are not currently receiving USF or HEA, are facing a crisis situation that includes a documented notice of overdue payment for gas and/or electric service and have a past history of making regular payments towards their utility bills.
- **SUEZ Water**  
Toll Free: 1-888-942-8080
- Provides grants to pay the water bills of households in need through a network of community-based social service agencies located throughout the SUEZ water service territories.



Water



Gas



Electricity

## Government Assisted Programs

- **NJ Snap**  
Hotline Number: 1-800-687-9512  
→ Formerly Food Stamps, New Jersey's supplemental nutrition assistance program that can help low-income families buy the groceries they need to eat healthy.
- **Social Services for the Homeless (SSH)**  
609-468-8296  
→ Provides assistance to New Jersey residents who are at risk of homelessness, but are ineligible for temporary assistance for needy families welfare, general assistance welfare or supplemental security income.  
→ SSH can pay for emergency food or a motel/shelter stay for a limited amount of time. Can also provide rental, mortgage, utility, and security deposit assistance.  
→ This program operates on 24-hour emergency basis, also includes referral services and limited case management.

## Veterans & Spouse Information

- **State Veterans Service Office**  
28 West State Street  
Trenton NJ, 08625  
609-292-5580
- **Trenton Vet Center**  
934 Park Ave  
Ewing NJ, 08618  
609-882-5744
- **Visiting Angels**  
Veterans & Spouse Benefits .U.S. Armed Forces Pension and Survivors Pension Benefit Program  
609-883-8188  
→ Certified home health care professions will come to your home and provide you with non-medical personal care and other assistance - allowing you to protect your independence and keep your house.  
→ Help with; bathing/personal hygiene assistance and supervision, dressing assistance, assistance with walking, medication reminders, driving and accompanying to doctor appointments/shopping/errands, light housekeeping, meal preparation, interactive companionship and personalized activities, and physical therapy exercise reinforcement.
- **VetAssist**  
888-314-6075  
→ Their mission is to assist veterans, who protected our freedom, to stay in their homes and live with dignity.  
→ Helps veterans, or their surviving spouses, apply for a little-known benefit from the Department of Veterans Affairs (VA), to pay for assistance with activities of daily living.
- **Blossom HomeCares**  
100 Overlook Center, 2nd Floor Princeton NJ, 08540  
609-250-5034  
→ With this program, you could earn money from the VA to help with remaining independent, maintaining good health, and having enough money.
- **Mercer County Veterans Services**  
1440 Parkside Avenue  
Trenton NJ 08638  
609-989-6120
- **Veterans Integrated Service Network**  
Hamilton Outpatient Clinic  
3635 Quakerbridge Rd, Suite 30  
Hamilton NJ 08619  
1-800-661-8177

