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Hamilton Township Division of Health: Rapid Public Health
Assessment

Funded by the NJDOH Strengthening Local Public Health Capacity 2023-2024 Grant

September 29, 2023

Contents

| | |
|---|----|
| Rapid Public Health Assessment Goal..... | 3 |
| Underlying Medical Conditions and Increased Risk..... | 3 |
| Table 1. Conditions that Increase a Person’s Risk of Severe COVID-19 Illness, CDC (2023)..... | 3 |
| Defining Priority Populations in the Community | 4 |
| Table 2. Priority Populations within Hamilton Township | 4 |
| Community Demographic Profile..... | 8 |
| Table 3. Hamilton Township, NJ Demographic Profile, US Census Bureau, 2022 | 8 |
| Disparities Observed due to the Impact of Social Determinants of Health on COVID-19, Other Infectious Diseases, and Emerging Diseases | 11 |
| Sexually Transmitted Infection (STI) Data..... | 12 |
| Figure 2. Gonorrhea Cases per Year – Hamilton and Mercer County..... | 13 |
| Figure 3. Syphilis Cases per Year – Hamilton and Mercer County..... | 14 |
| Figure 4. Persons Living with HIV/AIDS in Mercer County..... | 14 |
| Geographic Disparities | 15 |
| Figure 8. Neighborhood Atlas from UW-Madison | 16 |
| Figure 9. COVID-19 Vulnerability Footprint | 16 |
| Figure 10. Percent of the Population over the Age of 65, Mercer County | 17 |
| Rapid Identification of Social Determinants of Health Assessment and Prioritization of Short-Term LHD Strategies | 18 |
| Figure 11. Social Determinants of Health | 18 |
| Table 4. Rapid Identification of Social Determinants of Health Assessment and Prioritization of Short-Term LHD Strategies | 19 |
| Community Agencies Supporting Priority Populations..... | 21 |
| Table 5. Community Agencies Supporting Priority Populations in Hamilton Township..... | 21 |
| Conclusion..... | 22 |
| References | 24 |
| Appendix A: Inventory of Services for Hamilton Residents | 26 |

Rapid Public Health Assessment Goal

From the beginning of the COVID-19 pandemic through the date of this assessment, public health response has evolved daily through testing, contact tracing, quarantine, isolation, and vaccination to prevent the spread of infectious diseases and protect the public's health. As part of the Strengthening Local Public Health Capacity 2024 Grant, and in response to the unprecedented COVID-19 public health pandemic and emerging infectious diseases, the Hamilton Township Division of Health (HDOH) prepared this Rapid Public Health Assessment, to be referenced as the *Assessment* going forward in this document. The goal of this Assessment is to:

- Defines and categorize priority populations within the LHD's jurisdiction(s);
- Detail the community demographics of the LHD's service area(s);
- Describe the populations in need, health disparities, and community impacts of COVID-19 and other specific infectious diseases targeted by the LHD;
- List community agencies that provide support to priority populations; and
- Summarize key findings and priorities.

The data referenced within this Assessment applies to the following municipalities served by the HDOH including Hamilton Township, Mercer County. The Assessment is to be presented by the Local Health Outreach Coordinator (LHOC) to the HDOH Health Officer and governing body. Completing this Rapid Public Health Assessment will inform the development or update of a community resource directory of social support agencies (web-based, or another format) by the LHOC(s). The forming of connections with support services providers and other community stakeholders will enable LHOCs to effectively provide targeted outreach within the community in the areas of COVID-19 prevention, testing, contact tracing, containment, isolation, quarantine, and vaccination.

Underlying Medical Conditions and Increased Risk

CDC updated the list of underlying medical conditions that increase the risk of severe COVID-19 illness after reviewing published reports, pre-print studies, and various other data sources. CDC experts then determined if there was clear, mixed, or limited evidence that the condition increased a person's risk for severe illness, regardless of age. There was consistent evidence (from multiple small studies or a strong association from a large study) that specific conditions increase a person's risk of severe COVID-19 illness, please see Table 1.

Table 1. Conditions that Increase a Person's Risk of Severe COVID-19 Illness, CDC (2023)

| | |
|--|---|
| <ul style="list-style-type: none">• Chronic kidney disease | <ul style="list-style-type: none">• Smoking |
| <ul style="list-style-type: none">• Cancer | <ul style="list-style-type: none">• Type 2 diabetes |
| <ul style="list-style-type: none">• COPD (chronic obstructive pulmonary disease) | <ul style="list-style-type: none">• HIV/AIDS |
| <ul style="list-style-type: none">• Obesity (BMI of 30 or higher) | <ul style="list-style-type: none">• Sickle cell disease |
| <ul style="list-style-type: none">• Immunocompromised state (weakened immune system) from solid organ transplant | <ul style="list-style-type: none">• Serious heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies |
| <ul style="list-style-type: none">• Down Syndrome | <ul style="list-style-type: none">• Pregnancy and Breastfeeding |

Defining Priority Populations in the Community

Priority populations are defined as those at greater risk for poor health status and health outcomes, experience significant disparities in life expectancy, often lack access to healthcare and social supports, and experience increased morbidity and mortality. The health needs of priority populations are complex and intersect with the social and economic conditions they experience. These populations are also more likely to have one or more physical and/or mental health condition. (AJMC, 2006). Additionally, the disparities in health and environmental risk factors that priority populations experience put them at greater risk for COVID-19/other infectious disease related morbidity and mortality. To reduce the number of poor health outcomes due to COVID-19 and other infectious diseases in priority populations, LHDs must identify these populations in the community and work closely with the social support agencies to connect them to COVID-19/other infectious prevention measures, testing, contact tracing, containment, isolation, quarantine, vaccination, primary care, and other social supports. (AJMC, 2006).

The following are multiple types and categories of priority populations present within the community(ies) served by the HDOH (Table 2). It is important to note that the following categories are not independent of one another. Individuals may identify with one or more of these populations, stressing the importance of interdisciplinary upstream policies and programs to improve community health.

Table 2. Priority Populations within Hamilton Township

| |
|--|
| <p>Economic Disadvantage Low-income persons and those living at or under the poverty line, including those who have been in poverty for at least two generations; Ethnic and racial minorities; Homeless; Medicaid recipients; Working poor with limited resources, often working multiple jobs; Single mothers and sole caregivers; Low wage workers in multiple jobs</p> |
| <p>Difficulty Accessing Information or Technology (Language, Literacy, Cultural Barriers) Persons with limited English language proficiency (read, write) in native language; low literacy or non-English speaking groups:</p> <ul style="list-style-type: none"> ○ Spanish Asian and Pacific Island languages (Chinese, Korean, Japanese, Vietnamese, Hmong, Khmer, Lao, Thai, Tagalog, Dravidian, Polynesian, and Micronesian languages) ○ Other Indo-European languages (Germanic, Scandinavian, Slavic, Romance French, Italian), Indic, Celtic, Baltic, Iranian, and Greek languages) ○ All other languages (Creole, Uralic and Semitic languages as well as indigenous languages of the Americas); Sign Languages/American Sign Language (ASL) <p>Foreign visitors; Undocumented immigrants; Immigrants; Refugees</p> |
| <p>Age Elderly with limited strength, but not disabled; Senior citizens; Infants; Mothers with newborns; Teens, school-age children; Families with children who have health care needs</p> |
| <p>People living in Congregate, Crowded, Sub-Standard Living Situations: People experiencing Homelessness; People living in: Shelters/Temporary Housing; LTC/Assisted Living Facilities or Other Long-Term Care Settings; Intellectual and Developmental Disabilities (IDD) group Homes; Group Homes; Mental Health Group Homes; Schools, Migrant Workers/ Undocumented Immigrants; Other Congregate Settings</p> |
| <p>Isolation (cultural, geographic, or social) Persons in the LGBTQ community; Homeless people; People living in shelters (homeless, runaways, or battered persons); Homebound elderly; People living alone; Sole caregivers; Single individuals without</p> |

extended family; Low-income persons; Persons experiencing mental illness; Undocumented immigrants; Persons unable to afford transportation; People dependent on public transportation; Persons living in temporary living conditions/ locations; Commuters

Hospitalized persons

Persons that are hospitalized; Persons living in congregate Long-Term Care Facilities/Assisted Living Facilities/Veteran's Homes; Blind and visually impaired; Deaf and hard of hearing; Developmentally disabled; Mobility impaired; Medically dependent (persons dependent on life support/medical equipment); Chronic disease/infirm; Drug and/or alcohol dependent (perhaps not in treatment); Persons with a history of drug overdose; Diagnosed with mental illness; Drug use and substance use disorder; Mentally ill or having brain disorders/injuries; Persons with chronic pain

Non-hospitalized patients

Require renal dialysis; Require supplemental oxygen; Require daily medication (insulin, antihypertensive agents, narcotics, antipsychotics); Persons receiving chemotherapy or cancer treatment; Clinically depressed individuals who may be unable to follow directions; Stroke patients with limited mobility and additional care requirements; Pregnant women; People recuperating at home from an acute injury (e.g., broken bones, recent surgery, back injury, burns)

Challenges with Accessing Healthcare

Persons uninsured or underinsured; Persons who have reduced access to medical care; Persons who are fearful of seeking care due to ability to pay, fear of prejudice or stigma; Persons with behavioral health issues that prevent them from seeking care

Individuals at High Risk for COVID-19

• Individuals aged 65 and older, and individuals ages 16-64 with medical conditions, as defined by the CDC, that increase the *risk of severe illness* from the virus. These conditions include:

- Cancer
- Chronic kidney disease
- COPD (chronic obstructive pulmonary disease)
- Down Syndrome
- Heart conditions, such as heart failure, coronary artery disease, or cardiomyopathies
- Immunocompromised state (weakened immune system) from solid organ transplant
- Obesity (body mass index [BMI] of 30 kg/m² or higher but < 40 kg/m²)
- Severe Obesity (BMI ≥ 40 kg/m²)
- Sickle cell disease
- Smoking
- Type 2 diabetes mellitus
- Pregnant/Breastfeeding

• **People aged 75 years and older** because they are at high risk of hospitalization, illness, and death from COVID-19.

Frontline Essential Workers

First Responders At-Risk for COVID-19

- Sworn law enforcement, firefighters, and other first responders, including:
 - New Jersey State Police troopers
 - Municipal and county police officers
 - Detectives in prosecutors' offices and state agencies
 - State agency/authority law enforcement officers (e.g., State Park Police and Conservation Officers, Palisades Interstate Parkway Officers, Human Services police, and NJ Transit police)

- Investigator, Parole, and Secured Facilities Officers
- Aeronautical Operations Specialists
- Sworn Federal Law Enforcement Officers and Special Agents
- Bi-State law enforcement officers (e.g., Port Authority)
- Court Security Officers
- Paid and unpaid members of firefighting services (structural and wildland)
- Paid and unpaid members of Search and Rescue Units including technical rescue units and HAZMAT teams
- Paid and unpaid firefighters who provide emergency medical services
- Paid and unpaid members of Industrial units that perform Fire, Rescue, and HAZMAT services
- Members of State Fire Marshal's Offices
- Bi-State Fire Service Personnel (e.g., Port Authority)

Other Frontline essential workers: food and agricultural workers, United States Postal Service workers, manufacturing workers, grocery store workers, public transit workers, and those who work in the educational sector (teachers, support staff, and daycare workers.)

Other essential workers, such as people who work in transportation and logistics, food service, housing construction and finance, information technology, communications, energy, law, media, public safety, and public health.

Healthcare Personnel At-Risk for COVID-19

Paid and unpaid persons serving in health care settings who have the potential for direct or indirect exposure to patients or infectious materials, including, but not limited to:

- Licensed healthcare professionals like doctors, nurses, pharmacists, and dentists
- Staff like receptionists, janitors, mortuary services, laboratory technicians
- Consultants, per diem, and contractors who are not directly employed by the facility
- Unpaid workers like health professional students, trainees, volunteers, and essential caregivers
- Community health workers, doulas, and public health professionals like Medical Reserve Corps
- Personnel with variable venues like EMS, paramedics, funeral staff, and autopsy workers
- All workers in acute, pediatric, and behavioral health hospitals and ambulatory surgical centers
- All workers in health facilities like psychiatric facilities, Federally Qualified Health Centers, and rehabs
- All workers in clinic-based settings like urgent care clinics, dialysis centers, and family planning sites
- All workers in long-term care settings like nursing homes, assisted living facilities, group homes, etc.
- All workers in occupational-based healthcare settings like health clinics within workplaces, shelters, jails, colleges, and universities, and K-12 schools
- All workers in community-based healthcare settings like PACE and Adult Living Community Nursing
- All workers in home-based settings like hospice, home care, and visiting nurse services
- All workers in office-based healthcare settings like physician and dental offices
- All workers in public health settings like local health departments, LINC agencies, harm reduction centers, and medicinal marijuana programs
- All workers in retail, independent, and institutional pharmacies

Other paid or unpaid people who work in a healthcare setting, who may have direct or indirect contact with infectious persons or materials, and who cannot work from home.

Long-Term Care Residents and Staff At-Risk for COVID-19

All residents and workers of long-term care and high-risk congregate-care facilities, including:

- Skilled nursing facilities
- Veterans homes
- Assisted living facilities, continuing care retirement communities, and personal care homes

- Group homes like residential care homes, adult family homes, adult foster homes, and intellectual and developmental disabilities group homes
 - HUD 202 Supportive Housing for the Elderly Program residences
 - Institutional settings like psychiatric hospitals, correctional institutions, county jails, and juvenile detention facilities (for eligible minors, e.g., 16+ years of age may be eligible for Pfizer vaccine under the emergency use authorization)
- Other vulnerable, congregate, long-term settings

(OPHPR, n.d.)

Community Demographic Profile

This section of the Assessment contains information about the age, sex, race, and socioeconomic composition of the population within Hamilton Township obtained from the US Census Bureau (2021).

Table 3. Hamilton Township, NJ Demographic Profile, US Census Bureau, 2022

| Demographic Characteristic | Hamilton Township |
|--|-------------------|
| Population estimates, July 1, 2022, (V2022) | 91,543 |
| People | |
| Population | |
| Population estimates, July 1, 2022, (V2022) | 91,543 |
| Population estimates base, April 1, 2020, (V2022) | 92,309 |
| Population, percent change - April 1, 2020 (estimates base) to July 1, 2022, (V2022) | -0.8% |
| Population, Census, April 1, 2020 | 92,297 |
| Population, Census, April 1, 2010 | 88,464 |
| Age and Sex | |
| Persons under 5 years, percent | 5.6% |
| Persons under 18 years, percent | 18.1% |
| Persons 65 years and over, percent | 19.1% |
| Female persons, percent | 50.3% |
| Male persons, percent | 49.7% |
| Race and Hispanic Origin | |
| White alone, percent | 73.1% |
| Black or African American alone, percent | 12.7% |
| American Indian and Alaska Native alone, percent | 0.0% |
| Asian alone, percent | 5.1% |
| Native Hawaiian and Other Pacific Islander alone, percent | 0.1% |
| Two or More Races, percent | 4.8% |

| Demographic Characteristic | Hamilton Township |
|---|--------------------------|
| Hispanic or Latino, percent | 17.2% |
| White alone, not Hispanic or Latino, percent | 63.7% |
| Population Characteristics | |
| Veterans, 2017-2021 | 4,281 |
| Foreign born persons, percent, 2017-2021 | 17.7% |
| Housing | |
| Housing units, July 1, 2022, (V2022) | X |
| Owner-occupied housing unit rate, 2017-2021 | 72.2% |
| Median value of owner-occupied housing units, 2017-2021 | \$260,800 |
| Median selected monthly owner costs -with a mortgage, 2017-2021 | \$2,147 |
| Median selected monthly owner costs -without a mortgage, 2017-2021 | \$946 |
| Median gross rent, 2017-2021 | \$1,386 |
| Building permits, 2022 | X |
| Families & Living Arrangements | |
| Households, 2017-2021 | 34,682 |
| Persons per household, 2017-2021 | 2.62 |
| Living in same house 1 year ago, percent of persons aged 1 year+, 2017-2021 | 89.7% |
| Language other than English spoken at home, percent of persons aged 5 years+, 2017-2021 | 23.7% |
| Computer and Internet Use | |
| Households with a computer, percent, 2017-2021 | 94.1% |
| Households with a broadband Internet subscription, percent, 2017-2021 | 90.1% |
| Education | |
| High school graduate or higher, percent of persons aged 25 years+, 2017-2021 | 91.7% |
| Bachelor's degree or higher, percent of persons aged 25 years+, 2017-2021 | 33.2% |
| Health | |

| Demographic Characteristic | Hamilton Township |
|--|-------------------|
| With a disability, under age 65 years, percent, 2017-2021 | 8.1% |
| Persons without health insurance, under age 65 years, percent | 7.2% |
| Economy | |
| In civilian labor force, total, percent of population age 16 years+, 2017-2021 | 66.4% |
| In civilian labor force, female, percent of population age 16 years+, 2017-2021 | 61.1% |
| Total accommodation and food services sales, 2017 (\$1,000) | "D" |
| Total health care and social assistance receipts/revenue, 2017 (\$1,000) | 793,183 |
| Total transportation and warehousing receipts/ revenue, 2017 (\$1,000) | 241,200 |
| Total retail sales, 2017 (\$1,000) | 1,317,318 |
| Total retail sales per capita, 2017 | 15,054 |
| Transportation | |
| Mean travel time to work (minutes), workers aged 16 years+, 2017-2021 | 25.0 |
| Income & Poverty | |
| Median household income (in 2021 dollars), 2017-2021 | \$84,684 |
| Per capita income in past 12 months (in 2021 dollars), 2017-2021 | \$39,677 |
| Persons in poverty, percent | 7.1% |
| Households living in poverty or below basic cost of living in the county, ALICE Threshold estimate, percent* (Hamilton Township) | 31% |
| Business | |
| Total employer establishments, 2021 | X |
| Total employment, 2021 | X |
| Total annual payroll, 2021 (\$1,000) | X |
| Total employment, percent change, 2020-2021 | X |
| Total non-employer establishments, 2019 | X |
| All firms, Reference year 2017 | 1,877 |
| Men-owned firms, Reference year 2017 | 1,143 |

| Demographic Characteristic | Hamilton Township |
|--|-------------------|
| Women-owned firms, Reference year 2017 | 334 |
| Minority-owned firms, Reference year 2017 | 362 |
| Nonminority-owned firms, Reference year 2017 | 1,219 |
| Veteran-owned firms, Reference year 2017 | 116 |
| Nonveteran-owned firms, Reference year 2017 | 1,479 |
| Geography | |
| Population per square mile, 2020 | 2,340.3 |
| Population per square mile, 2010 | 2,240.2 |
| Land area in square miles, 2020 | 39.44 |
| Land area in square miles, 2010 | 39.49 |

(US Census Bureau, 2022 United Way of Northern NJ, 2023)

*The ALICE Threshold (Asset Limited, Income Constrained, Employed) provides estimates regarding poverty status and those who earn more than the Federal Poverty Level but less than the cost of living within the county. For Hamilton Township specifically, the ALICE Threshold for 2021 indicates 7% of the population are in poverty, and 24% are living below the ALICE Threshold, for a total of 31% struggling to meet basic needs (United Way of Northern New Jersey, 2023).

Disparities Observed due to the Impact of Social Determinants of Health on COVID-19, Other Infectious Diseases, and Emerging Diseases

There have been a significant number of impacts of the social determinants of health throughout the COVID-19 pandemic on the community served by the HDOH. Conditions known as social determinants of health based on the places where people live, work, learn, play, and worship affect a great variety of health risks and outcomes, such as the potential for severe illness and death from COVID-19/Other Infectious Diseases/Emerging Diseases. Systemic social and health inequities have placed people from racial and ethnic minority groups at increased risk of dying from COVID-19/Other Infectious Diseases/Emerging Diseases. For example, CDC data shows that the highest percentage of COVID-19 cases have disproportionately affected ethnic and racial minority populations (CDC, 2021). Some of the greatest observed effects of COVID-19 on priority populations have been in the areas of economic stability, education, healthcare access and quality, neighborhood and built environment, and within the social and community context.

Nationwide, data shows that the following priority groups have experienced disproportionately higher rates of infection and/or complications/death due to COVID-19 (CDC, 2023; Andraska et al., 2021):

- People with underlying health conditions (especially, lung disease, asthma, diabetes, cardiovascular disease, kidney disease, liver disease, severe obesity, and individuals with immunocompromised conditions)
- Older persons
- People of color, particularly African Americans, and persons of Hispanic ethnicity

Within the HDOH 2024 Strengthening Local Public Health Capacity Grant application, the following Other Infectious Diseases were selected:

- Chlamydia
- Gonorrhea
- Syphilis
- HIV

Sexually Transmitted Infection (STI) Data

Within the HDOH's 2023 Strengthening Local Public Health Capacity Grant application the following other infectious diseases were selected:

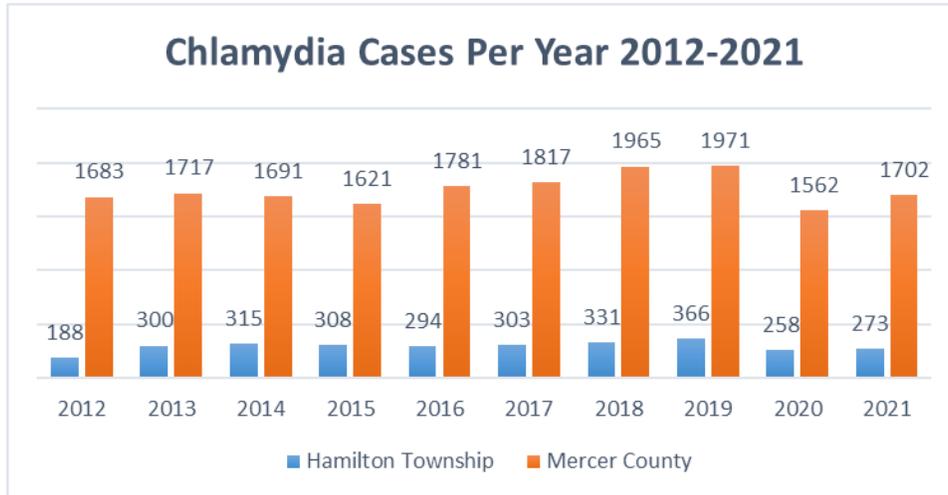
- Chlamydia
 - People who are sexually active can get chlamydia, a common, treatable, STI among both men and women. It can cause permanent damage to a woman's reproductive system; this can make it difficult or impossible to get pregnant later. Chlamydia can also cause a potentially fatal ectopic pregnancy (pregnancy that occurs outside the womb). (CDC, 2023)
 - On average, Hamilton makes up 16% of chlamydia cases county-wide as of 2021 (see Figure 1)
- Gonorrhea
 - Gonorrhea is an STI that can cause infection in the genitals, rectum, and throat. It is very common, especially among young people ages 15-24 years. Gonorrhea can be spread by having vaginal, anal, or oral sex with someone who has gonorrhea. A pregnant person with gonorrhea can give the infection to their baby during childbirth. (CDC, 2023)
 - On average, Hamilton makes up 13.8% of gonorrhea cases county-wide as of 2022 (see Figure 2)
- Syphilis
 - Syphilis is an STI that can cause serious health problems without treatment. Syphilis can be cured with antibiotics; however, treatment might not undo damage the infection can cause as it progresses through the stages (primary, secondary, latent, and tertiary). Each stage can have different signs and symptoms. Syphilis can spread by direct contact with a syphilis sore during vaginal, anal, or oral sex; a pregnant person with syphilis can spread syphilis to their unborn baby. You cannot get syphilis through casual contact with object such as: toilet seats, doorknobs, pools, hot tubs, bathtubs or sharing clothes.
 - Hamilton made up 20.7% of syphilis cases county-wide in 2022. Data includes Primary, Secondary, Latent and Tertiary Syphilis (see Figure 3)
- HIV (Human Immunodeficiency Virus)
 - HIV weakens the immune system by destroying the cells that fight off infection. Untreated HIV develops into AIDS (acquired immunodeficiency virus). Although there is no cure for HIV, effective treatments make it possible for those with HIV to live long and healthy lives (CDC, 2022).
 - Based on data for Mercer County HIV and AIDS disproportionately affects the Black and Hispanic populations (see Figure 4)

The HDOH operates a weekly free and confidential STI testing and treatment clinic for residents of Hamilton Township and other Mercer County municipalities. The STI clinic is open on Tuesdays from 9am-12pm and 3pm-5:30pm on a walk-in basis. Residents of the following Mercer County towns are able to access the clinic: Hamilton, Lawrence, Ewing, Princeton, Hightstown, West Windsor, East Windsor, Hopewell Township, Hopewell Borough, Pennington and Robbinsville. Through a partnership with the NJDOH the HDOH STI clinic is also able to offer rapid HIV testing during clinic hours. To date in 2023 the clinic has served over 150 individuals and conducted over 500 screening tests for STIs and HIV.

According to the CDC (2023) nationally, the following groups may be disproportionately affected by STI's:

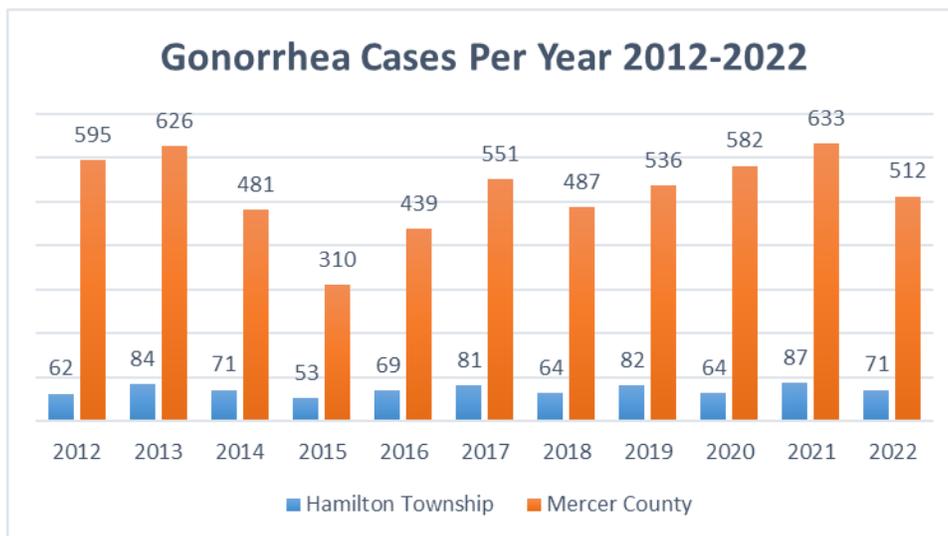
- Adolescents and young people between the ages of 15-24.
- Gay, bisexual men who have sex with men (MSM)
- Racial and ethnic minority groups

Figure 1. Chlamydia Cases per Year – Hamilton and Mercer County



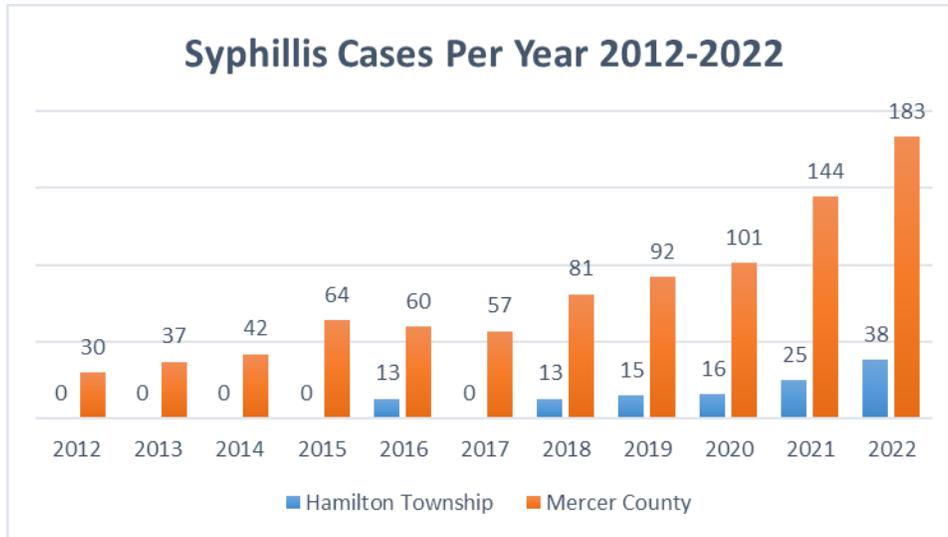
(NJ SHAD, 2023)

Figure 2. Gonorrhea Cases per Year – Hamilton and Mercer County



(NJ SHAD, 2023)

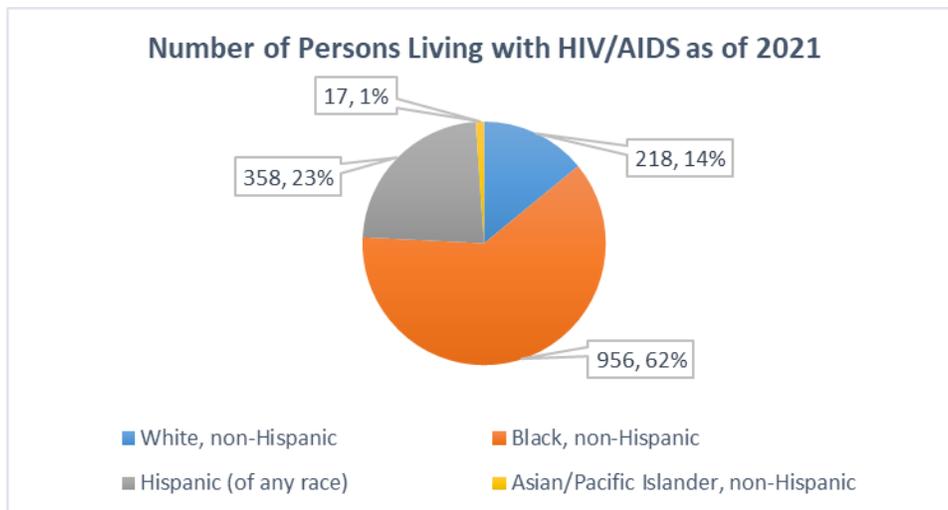
Figure 3. Syphilis Cases per Year – Hamilton and Mercer County



(NJ SHAD, 2023)

*(0) denotes lack of data, not 0 cases

Figure 4. Persons Living with HIV/AIDS in Mercer County



(NJ SHAD, 2023)

Geographic Disparities

Within the LHD's jurisdiction, identified geographic locations that include priority populations disproportionately affected by COVID-19 and Other Infectious Disease(s) include:

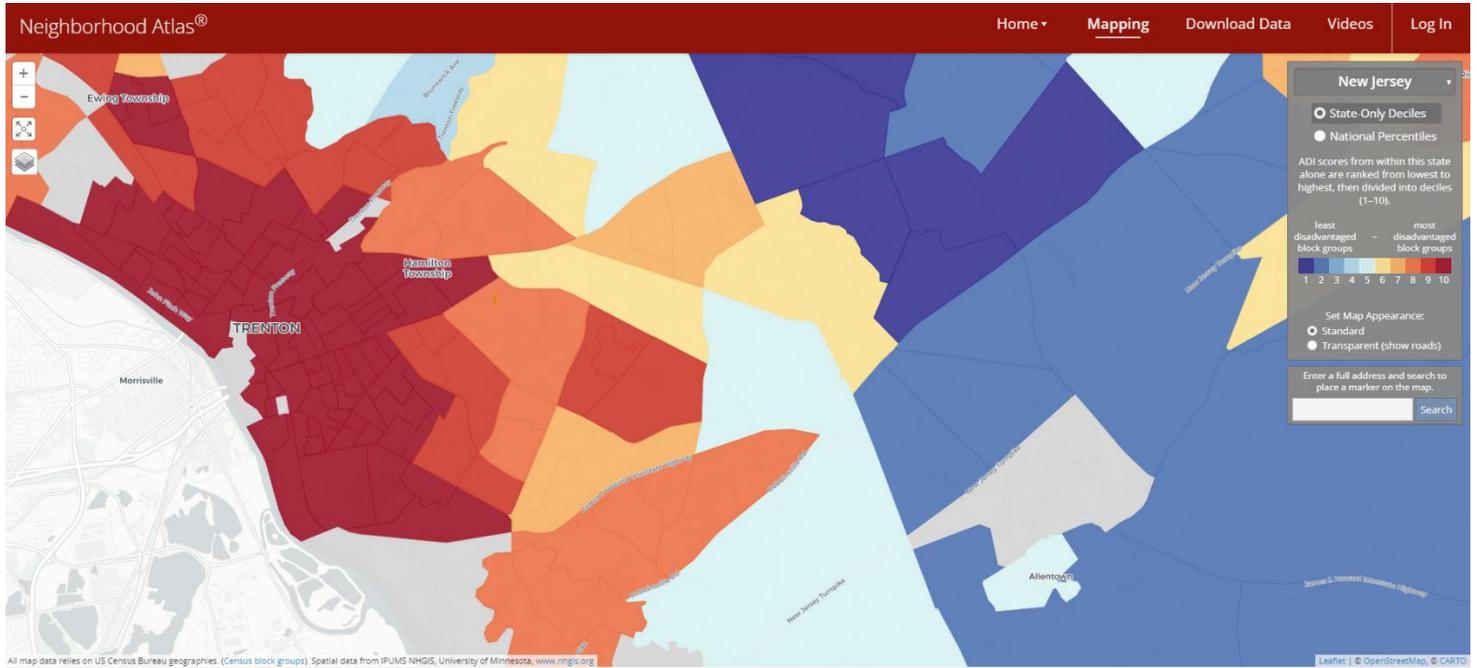
- Zip codes bordering Trenton City: 08609, 08610, 08611, 08629
- Sections of town with high proportion of older adults (Figure 10)

Unfortunately, zip code is a great predictor of health and life expectancy, knowing where disparities are can help with public health action (RWJF, 2020). Hamilton Township contains several different zip codes within its jurisdiction, some of which overlap with neighboring areas (Trenton City and Robbinsville Township). Figure 8 contains an Area Deprivation Index (ADI) from the University of Wisconsin School of Medicine and Public Health (2021) which highlights the most disadvantaged census tracts, compared to the state. Areas in the red/orange colors indicate a higher ADI compared to the areas in blue tones. Within Hamilton Township the areas with the higher ADI's are the ones bordering the City of Trenton, NJ.

The COVID-19 Vulnerability Footprint from the SparkMap by CARES Engagement Network (2021) also provides an interactive and useful data tool at the census tract level. As seen in Figure 9, this image is a snapshot of the vulnerability of the community taking into consideration population density (≥ 1000 persons per sq. mile), uninsured persons ($\geq 8\%$) and percent of the population over the age of 65 ($\geq 15\%$). Census tracts in orange meet at least two of these thresholds and areas in darker red meet all three. Additionally, areas showing in purple just meet the threshold for adults over 65 and areas in blue meet population density thresholds. Threshold markers on this tool can be modified as needed by using the [SparkMap platform](#).

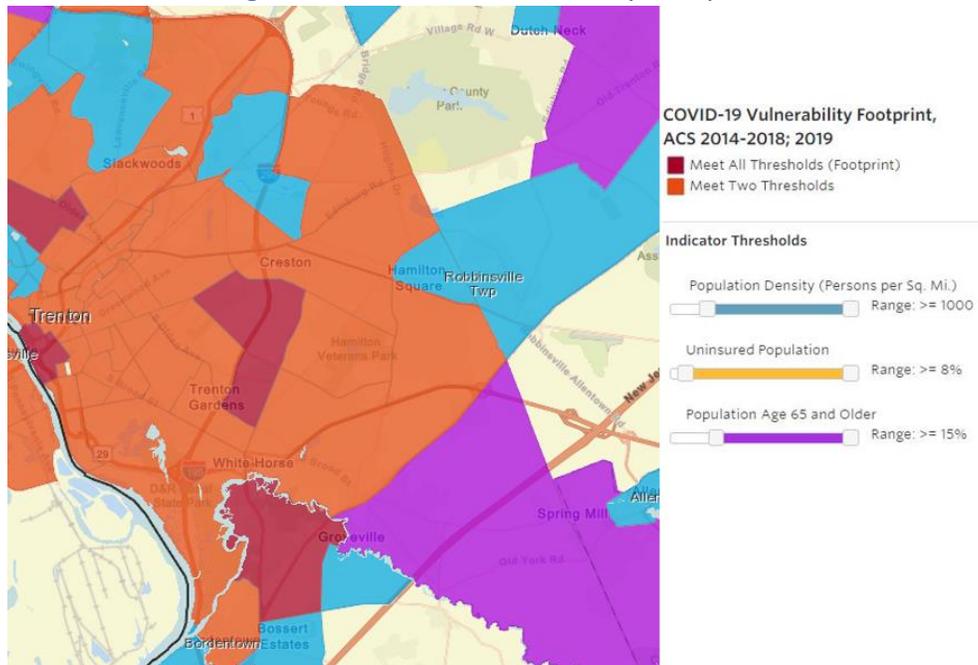
Figure 10 gives a closer look at the population over 65 years by census tract for Mercer County. Individuals over 65 are one of the most disproportionately affected groups in the township and one of the most at risk to morbidity and mortality from COVID-19. Focusing on the southeast portion of the county where Hamilton Township falls we can see that many of the census tracts in Hamilton have an older adult population at or over 20%. These geographic maps display how the community differs within the township to help us identify areas with the greatest vulnerability through a multitude of determinants that contribute to health outcomes.

Figure 8. Neighborhood Atlas from UW-Madison



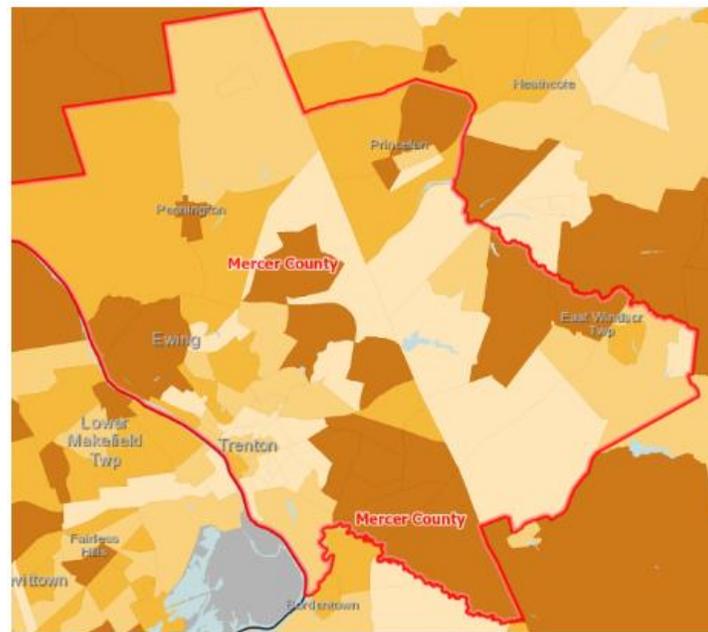
(University of Wisconsin School of Medicine and Public Health, 2021)

Figure 9. COVID-19 Vulnerability Footprint



(SparkMap, 2023)

Figure 10. Percent of the Population over the Age of 65, Mercer County



<https://sparkmap.org/map-room/>, 3/17/2021

(SparkMap, 2023)

Rapid Identification of Social Determinants of Health Assessment and Prioritization of Short-Term LHD Strategies

During the 2024 Strengthening Grant Cycle, grantees will continue to focus on assessment, mitigation, response, and outreach to priority populations affected by the health and social impacts of COVID-19 and Other Infectious Diseases by supporting linkages to testing, vaccination, and support services, resolving laboratory reporting issues within the jurisdiction, and other COVID-19 and Other Infectious Disease-related activities. In this year’s Rapid Public Health Assessment, grantees will consider the social determinants of health affecting the populations served, including health outcomes, populations affected, and the identification and prioritization of *short-term* strategies that the HDOH and its local public health continuum may implement through this grant to assist communities in need (Artiga, S. & Hinton, E. (2018)).

Healthy People 2030 defines Social Determinants of Health as “the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.” Figure 11 below contains a visual and examples of some of the social determinants of health.

Figure 11. Social Determinants of Health

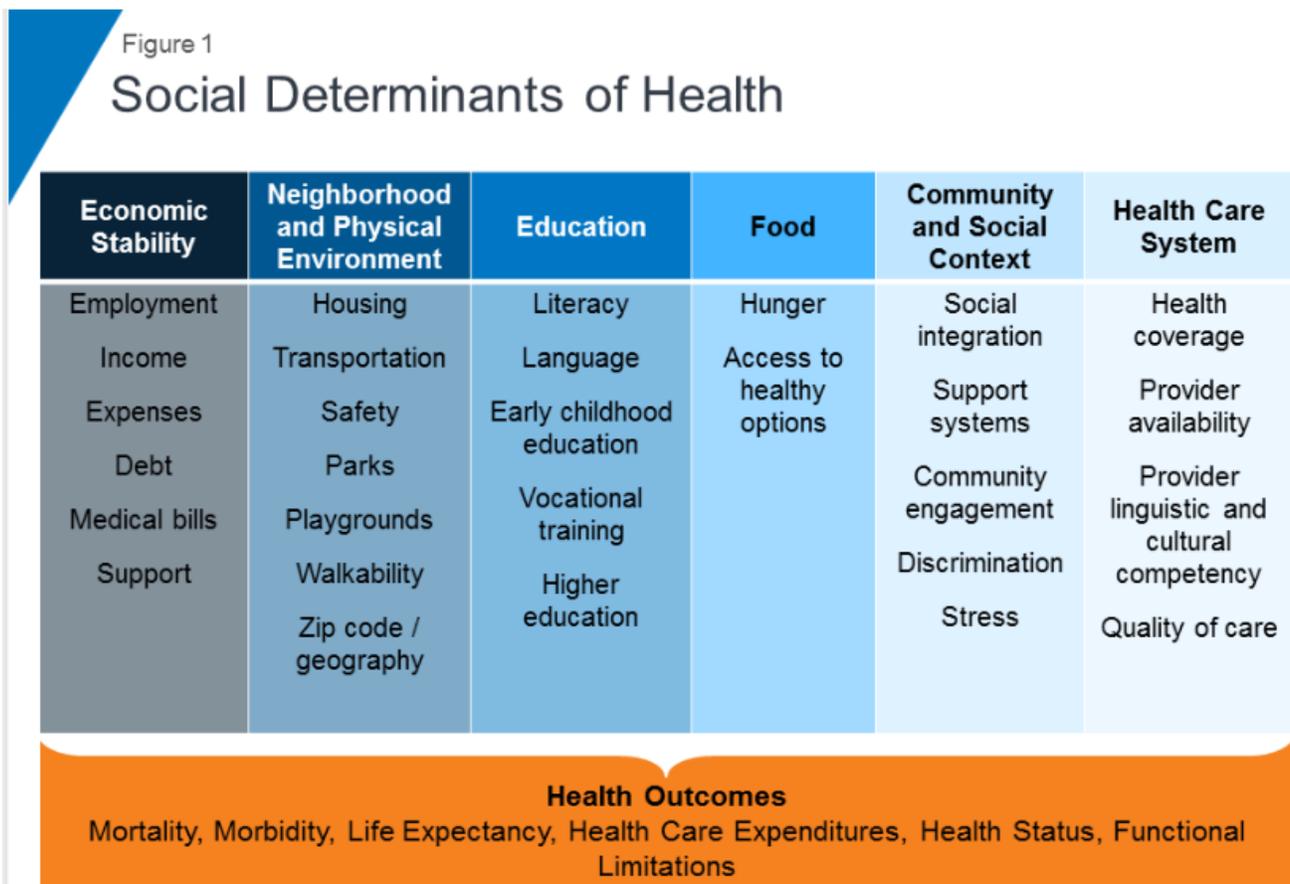


Table 4. Rapid Identification of Social Determinants of Health Assessment and Prioritization of Short-Term LHD Strategies

| Social Determinants of Health | 1. Selected Social Determinant of Health for LHD Community(ies) Served | 2. Description of Direct or Indirect Impacts/Health Outcomes [Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations] | 3. Priority Groups/ Communities/ Populations Impacted | 4. Short-Term LHD Strategies to Mitigate Impacts of Determinant/ Increase Health Equity | 5. Prioritize Short-Term LHD Strategies, with #1 being the highest priority |
|---|--|---|--|---|---|
| ECONOMIC STABILITY: <ul style="list-style-type: none"> • Employment • Income • Expenses • Debt • Medical Bills • Health care • Housing • Hunger • Access to Healthy Food Options • Childcare | Hunger/Food Insecurity | According to the ALICE threshold 31% of Hamilton Township families are struggling to meet basic needs. A Community Health Survey conducted with Township residents indicated that food insecurity may be present in some form in 22-23% of participants (majority of participants in this survey were ages 65+). (HDOH, 2023) | General population, older adults | Update the local food resources section of the Inventory of Social Support Services and post on the township website. Provide the Hamilton Senior Center with copies of the Inventory and information on NJ SNAP. | 1 |
| | Housing | Poor housing is associated with various negative health outcomes, especially for low-income individuals, older adults, children and people with disabilities (Healthy People 2030) | Low-income families, older adults, people with disabilities | Update the housing support and resources in the Inventory of Services and provide referrals when needed. | 4 |
| EDUCATION ACCESS AND QUALITY: <ul style="list-style-type: none"> • Literacy • Language • Early childhood education • Vocational Training • Higher Education | Early Childhood Education | Finding affordable and quality early childhood education programs and activities may be challenging for some families. | Population with young children | Update the Inventory of Services to include information on HeadStart and early childhood education resources post on the township website, and provide referrals to those who inquire. | 3 |
| | Language | Effective communication is key to health care quality. According to the US Census 23.7% of Hamilton Township residents speaks another language other than English at home (US Census, 2022). | Communities that speak another language other than English, including but not limited to, Hispanic and Haitian Créole communities. | Order health education materials in multiple languages to provide materials in residents native languages. | 6 |

| | | | | | |
|---|--------------------|---|---|--|---|
| HEALTHCARE ACCESS, AND QUALITY: <ul style="list-style-type: none"> • Health coverage • Provider availability • Provider linguistic and cultural competency • Quality of care | Health Coverage | According to the US Census 7.2% of the population in Hamilton Township does not have Health Insurance, thus impacting the availability and quality of care these individuals may receive (US Census, 2022) | General population, children. | During outreach events and clinics either at the HDOH or offsite (including fall flu vaccine clinics) offer to provide resources on how to obtain health insurance, for those who identify as uninsured. | 2 |
| NEIGHBORHOOD AND BUILT ENVIRONMENT: Housing <ul style="list-style-type: none"> • Transportation • Safety • Parks • Playgrounds • Walkability • Zip Code/Geography | Zip Code/Geography | As indicated by the ADI in Figure 8, zip codes in Hamilton Township bordering the City of Trenton are more disadvantaged than other areas of the Township. | Residents living in zip codes bordering Trenton City (08609, 08610, 08611, 08629) | Identify a minimum of one (1) new community partner that supports residents in each of these zip codes to help share HDOH services and resources with the community. | 7 |
| | Safety | Hamilton has long, wide roads located near or around the public schools. Speeding and congested traffic is fairly common on these streets. | General community, children | Provide pedestrian safety education during community outreach events to children and their families. | 5 |
| SOCIAL AND COMMUNITY CONTEXT: <ul style="list-style-type: none"> • Social integration • Support systems • Community engagement • Discrimination • Stress | Social integration | Relationships and interactions with the community may influence one’s health outcomes. Residents may be unaware of free and low-cost programs in the community that offer an element of social interaction. | General Community | Identify at least five (5) free and low-cost community groups/social activities within the Township. Promote these programs on social media and via the community email listserv to raise awareness about local free or low cost activities. | 8 |
| | Stress | Everyone feels stressed sometimes, but over time, too much stress can affect your health outcomes. | General Community. | Partner with the Library to create a display with resources related to stress management. Develop accompanying social media education materials. | 9 |

Sources:

Healthy People 2030, Artiga, S. & Hinton, E. (2018), National Community Action Partnership (2020), US Census (2022)

Community Agencies Supporting Priority Populations

Below are select agencies and organizations that support priority populations in Hamilton Township, NJ. Please see Appendix A for a complete inventory of services available to residents at the county, state, and national levels.

Table 5. Community Agencies Supporting Priority Populations in Hamilton Township

| Priority Population | Agency | Types of Services Provided |
|--|--|---|
| Uninsured residents, older adults, general community | Hamilton Township Division of Health | Local health department, referrals and support to the community, VFC and 317 funds Provider |
| Families with low SES, those experiencing food insecurity, children | CYO Bromley Center | Community center, childcare, food pantry, and computer lab |
| Families with low SES, those experiencing food insecurity, older adults and children | John O. Wilson Community Center | Social support referrals, food pantry, homeless prevention services, Senior Nutrition Program site |
| Older adults | Hamilton Township Senior Center | Community center, social and wellness activities, Senior Nutrition Program site |
| Pregnant, postpartum women and children up to age 5 | Mercer County WIC, The Children's Home Society of NJ | Nutrition and breastfeeding support for low-income pregnant and post-partum women and children up to 5 years |
| Older adults, homebound residents | Interfaith Caregivers of Greater Mercer County | Companionship and non-medical care for older adults |
| General community, children and older adults | Hamilton Area YMCA | Community Center, fitness and wellness support, childcare, and remote learning services |
| General community members | Faith-Based Organizations | Food pantries, community support |
| Families with low SES or those experiencing food insecurity | Food Banks and Meal Service Programs | Food and meal assistance services |
| School aged children and families | Hamilton Township School District | Education, meal distribution for students, remote learning support (technology access) |
| Uninsured residents | Henry J. Austin Health Center | Local area FQHC, affordable healthcare access for uninsured, low-income, and priority populations. Additional location for STI and HIV testing for Mercer County residents. |
| General community | Olden Pharmacy | Local pharmacy supporting COVID-19 vaccination and testing for the community. |

Conclusion

Over the past few years, the COVID-19 pandemic has caused great disruption to the Hamilton Township community. This includes the burden of disease, especially for those at increased risk, the changes in provision of services, and social impacts. Geographic disparities are also present within the community, highlighting areas of health inequities. Vaccination, testing and treatment for COVID-19 have improved helping mitigate the most serious disease outcomes. However, continuation of COVID-19 response efforts involve addressing the social determinants of health.

Additionally, STI's continue to remain a consistent health issue in the Hamilton community. The availability of the free and confidential HDOH STI clinic provides an opportunity for residents of Hamilton and greater Mercer County to get access to testing services, regardless of insurance status. Providing health education, awareness and free and confidential testing for STI's are important steps the HDOH can take to help control the spread of disease, especially for populations who are disproportionately affected.

As the Hamilton community moves forward it is important that the HDOH offers programs and services that center on health equity, are rooted in the social determinants of health and align with the HDOH's Mission Vision and Values.

The Robert Wood Johnson Foundation (2017) defines health equity as:

"Health equity means that everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care."

HDOH Mission, Vision and Values:

Mission Statement: The mission of the Division of Health is to serve as a trusted resource for Hamilton Township to improve the health and well-being of our residents through health education and promotion, enforcement of public health safety, and adapting to ever-changing community health needs.

Vision Statement: The vision of the Division of Health is to create a culture of health by increasing accessibility and promoting health equity through honest and credible services and community engagement.

The core values of the Division of Health are:

- Professionalism
- Reliability
- Accessibility
- Integrity
- Community-Minded

This Assessment serves as a guide for the HDOH to utilize when working with priority populations. It is the goal of the HDOH to mitigate the impacts of the COVID-19 pandemic and to prevent and mitigate the spread of STI's. Knowing which populations are the most at risk and where the greatest unmet health needs are, can help direct resources to address these health impacts promote health equity.

For more information, please contact:

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Appendix A: Inventory of Services for Hamilton Residents

Jeffrey S. Martin
Mayor



Kathleen Fitzgerald, Director
Chris Hellwig, Health Officer

TOWNSHIP OF HAMILTON

DEPARTMENT OF HEALTH, RECREATION, SENIORS, AND VETERANS SERVICES

DIVISION OF HEALTH – 2100 Greenwood Avenue, Hamilton, NJ 08609 *Office (609) 890-3828 *Fax (609) 890-6093

Inventory of Support Services

Details: This inventory of services includes resources for Hamilton Township residents to utilize and reference. This inventory includes Township, County and State level resources aimed to support the social, emotional and physical health needs of our community. This list was last updated on 9/29/2023, information is subject to change.

If you are experiencing an immediate medical emergency, please call 9-1-1.

Other Important Hotlines/Helplines:

- **2-1-1:** 24/7 free, confidential and multilingual support and referral services on topics such as food, housing, health, mental health, substance use, childcare, legal and income. Visit www.nj211.org for more information.
- **9-8-8:** 24/7 National Suicide and Crisis Lifeline (call, text and chat: 988lifeline.org/)
- **1-844-REACHNJ (732-2465):** 24/7 call-in-line for NJ residents looking for help overcoming a substance use disorder, regardless of insurance or ability to pay (ReachNJ.gov).
- For a list of state toll-free Hotlines and Information Helplines please visit: www.state.nj.us/humanservices/staff/hotlines/

Contents

| | |
|--|----|
| Community Centers and Hamilton Township Services | 3 |
| COVID-19 Information | 5 |
| Important Links | 5 |
| COVID-19 Vaccination Locations..... | 6 |
| Food Assistance..... | 7 |
| Financial Food Assistance Programs | 7 |
| Local Food Banks/Pantries..... | 8 |
| Meal Service Programs | 11 |
| Health Insurance and Social Service Resources..... | 12 |
| Housing Support and Resources | 13 |
| Maternal and Child Health Resources | 15 |
| Mental Health and Addiction Resources | 18 |
| Non-Emergency Medical and Dental Care..... | 20 |
| Charity Care and Free Clinics | 20 |
| Dental Care | 22 |
| Family Planning / STI* / HIV Resources | 24 |
| Urgent Care..... | 26 |
| Transportation Services | 27 |
| Websites to Access Health Information..... | 29 |

Click on the category above to go directly to that page.

Community Centers and Hamilton Township Services

| Name | Brief Description | Contact Information | Website |
|---|--|--|--|
| Bromley Neighborhood Civic Center (CYO) | <ul style="list-style-type: none"> Community Center offering a food pantry, youth programming, computer lab and community events and programming. | <p>Address: 1801 E State St, Hamilton, NJ, 08609</p> <p>Phone: 609-587-8100</p> | www.cyobromley.org/ |
| John O. Wilson Hamilton Neighborhood Center | <ul style="list-style-type: none"> Community center offering community support services, programs and activities, food pantry and youth programs. Site for the Senior Nutrition Program. | <p>Address: 169 Wilfred Avenue, Hamilton, NJ 08610</p> <p>Phone: 609-393-6480</p> <p>Email: info@jowilsoncenter.org</p> | https://jowilsoncenter.org/ |
| Hamilton Township Division of Health (HDoH) | <ul style="list-style-type: none"> The Division of Health is responsible for the program areas of public health nursing, environmental health, vital statistics, licensing, administration, animal control, sheltering, and adoptions. Call ahead to best serve you! Nursing: Child Health Clinic, STI Clinic, Public Immunization Clinics and Health Screenings Environmental: Conducts inspections and responds to well, air, water and septic complaints Vital Statistics: Marriage Licenses and Certificates, Birth Certificates, Death Certificates Animal Shelter: Dog Licenses, sheltering, adoptions, animal control | <p>HDoH:</p> <p>Address: 2100 Greenwood Ave, Hamilton, NJ 08609</p> <p>Phone: 609-890-3828</p> <p>Animal Shelter:</p> <p>Address: 2100 Sylvan Ave, Hamilton, NJ 08610</p> <p>Phone: 609-890-3555</p> | www.hamiltonnj.com/health |
| Hamilton Township Free Public Library | <ul style="list-style-type: none"> Library services, public computer access, youth programs and events | <p>Address: 1 Justice Samuel A Alito Jr. Way, Hamilton, NJ 08619</p> <p>Phone: 609-581-4060</p> | https://hamiltonnjpl.org/ |
| Hamilton Township Senior Center | <ul style="list-style-type: none"> Community center providing activities, services and programs for older adults. Meal site for the Senior Nutrition Program. | <p>Address: 409 Cypress Ln, Hamilton, NJ</p> <p>Phone: 609-890-3686</p> | www.hamiltonnj.com/Seniors |

| | | | |
|--|---|---|--|
| HAMStat | <ul style="list-style-type: none"> • Non-emergency call center for Hamilton Residents to inquire about services or to submit a township service request or complaint • Agents are available Monday-Friday 8am-4pm • Online request may be submitted 24/7 | <p>Phone: 609-586-0311</p> <p>Text: 609-710-9600</p> <p>Email: hamstat@hamiltonnj.com</p> <p>Online request: https://www.hamiltonnj.com/475/HAMStat</p> | <p>https://www.hamiltonnj.com/475/HAMStat</p> |
| PennMedicine – Community Events | <ul style="list-style-type: none"> • PennMedicine offers a variety of classes, screenings and programs (many free or low cost) • Visit the calendar link to view upcoming classes and programs by content area. | <p>Location: programs may be offered virtually or at the Princeton (Alexander Rd), Plainsboro or Hamilton (YMCA JKR branch) locations.</p> | <p>https://www.princetonhcs.org/events</p> |
| Robert Wood Johnson Hamilton Community Education | <ul style="list-style-type: none"> • RWJ offers community health education and wellness/fitness programs both virtually and in person • Many events are free and open to the community • Visit the website for more information on upcoming events | <p>Phone: 609-586-7900</p> | <p>https://www.rwjbh.org/hamiltonprograms</p> |
| YMCA | <ul style="list-style-type: none"> • Community center offering youth activities and programs, fitness and wellness center, camps and more. | <p>Address: 1315 Whitehorse Mercerville Rd. Hamilton, NJ 08619</p> <p>Phone: 609-581-9622</p> <p>Email: info@hamiltonymca.org</p> | <p>https://www.hamiltonymca.org/</p> |

COVID-19 Information

Important Links

| Name | Brief Description | Contact Information | Website |
|---|--|---|---|
| Hamilton Township Division of Health (HDoH) | <ul style="list-style-type: none"> Public COVID-19 vaccination clinics held monthly Vaccination for ages 6 months and up Call or visit the website for upcoming clinics | <p>Address: 2100 Greenwood Ave, Hamilton, NJ 08609</p> <p>Phone: 609-890-3884</p> | <p>www.hamiltonnj.com/coronavirus</p> <p>Local COVID-19 Testing Locations: Click here</p> |
| NJ COVID-19 Information / 2-1-1 | <ul style="list-style-type: none"> 24/7 Hotline for COVID-19 Questions 24/7 Hotline for COVID-19 Medical Questions Text Alert Line | <p>Phone: 2-1-1 or 1-800-962-1253</p> <p>Text: NJCOVID to 898-211</p> | <p>www.nj211.org/</p> |
| NJ Dept. of Children and Families (DCF) - COVID-19 Response General Questions | <ul style="list-style-type: none"> COVID-19 Response General Questions | <p>Email: AskDCF@dcf.nj.gov</p> | <p>www.nj.gov/dcf/</p> |
| NJ Department of Health COVID-19 Information Hub | <ul style="list-style-type: none"> COVID-19 information hub for NJ. Includes information on vaccination, quarantine/isolation, testing and disease information | | <p>https://covid19.nj.gov/index.html</p> |
| NJ Division of Public Safety and Occupational Health and Safety (PSOSH) | <ul style="list-style-type: none"> COVID-19 Workplace Health and Safety Complaint | <p>Phone: 609-292-0767</p> <p>Email: covid.safety@dol.nj.gov</p> | <p>www.nj.gov/labor/worker-protections/myworkrights/covidprotections.shtml</p> |

COVID-19 Vaccination Locations

Health insurance will now cover the cost of the updated COVID-19 vaccine for most people at no out-of-pocket cost. This includes private insurance, Medicare and Medicaid. **No Health Insurance?** Contact the Hamilton Township Division of Health or use a pharmacy participating in the Bridge Access Program.

| Name | Brief Description | Contact Information | Website |
|---|---|---|---|
| Acme Pharmacy | <ul style="list-style-type: none"> Vaccines available by appointment only Accepts insurance | <p>Hamilton Locations: 953 Rt 33, Hamilton, NJ 08690</p> <p>4400 S Broad St, Hamilton, NJ 08620</p> | https://www.acmemarkets.com/pharmacy |
| Hamilton Township Division of Health (HDoH) | <ul style="list-style-type: none"> Vaccination for uninsured residents only, ages 6 months and up Please call ahead if you are interested in getting vaccinated | <p>Address: 2100 Greenwood Ave, Hamilton, NJ 08609</p> <p>Phone: 609-890-3884</p> | www.hamiltonnj.com/coronavirus |
| Olden Pharmacy | <ul style="list-style-type: none"> Vaccines for ages 6 and up Accepts insurance Walk-in hours Monday-Friday 11am-5pm and Saturday 10am-2pm | <p>Phone: 609-586-6661</p> <p>Address: 930 South Olden Ave, Hamilton, NJ 08610</p> | www.oldenpharmacy.com/ |
| ShopRite Pharmacy | <ul style="list-style-type: none"> Vaccines available by appointment only Accepts insurance | <p>Hamilton Locations: 1225 Rt. 33, Hamilton, NJ 08690</p> <p>130 Marketplace Blvd, Hamilton, NJ 08691</p> | https://www.shoprite.com/sm/pickup/rsid/3000/pharmacy/ |
| Vaccines.gov | <ul style="list-style-type: none"> Website used to search for vaccine providers by zip code Providers mainly include pharmacies such as Walgreens and CVS If you are uninsured look for locations that are a Bridge Access Program Participant, inform the pharmacy about your insurance status when you arrive. | <p>Phone: 1-800-232-0233 (TTY 1-888-720-7489)</p> | vaccines.gov |

*Some private practices/pediatricians may offer the COVID-19 vaccine. Please check with your healthcare provider regarding their availability to administer the vaccine. Vaccine availability subject to change, please contact sites to confirm availability.

Food Assistance

Financial Food Assistance Programs

| Name | Brief Description | Contact Information | Website |
|---|--|---|--|
| <p>NJ SNAP (Supplemental Nutrition Assistance Program)</p> | <ul style="list-style-type: none"> Financial food assistance program Eligibility to receive SNAP benefits depends on your household size, income, resources, and other factors. Take the online screening tool on the SNAP NJ website to help determine eligibility. Hamilton YMCA also has a SNAP Navigator who can help answer questions about the SNAP food assistance program, and can help people apply for SNAP benefits | <p>Address: 200 Woolverton Street PO Box 1450, Trenton, NJ 08650-2099</p> <p>Phone: 609-989-4320</p> <p>YMCA SNAP Navigator: Ada Osorio snap@hamiltonymca.org</p> | <p>https://www.nj.gov/humanservices/njsnap/</p> |
| <p>Special Supplemental Nutrition Program for Women, Infants and Children (WIC)</p> | <ul style="list-style-type: none"> New Jersey WIC Services provides supplemental nutritious foods to pregnant, breastfeeding and postpartum women, infants and children up to the age of five. WIC services include nutrition education and counseling, breastfeeding promotion and support, immunization screening and health care referrals. Enrollment is open to all eligible applicants. WIC for Mercer County is operated out of The Children’s Home Society of NJ (CHSofNJ) | <p>Address: 1440 Parkside Ave., Ewing Township, NJ 08638</p> <p>Phone: 609-498-7755</p> | <p>https://www.chsofnj.org/mercercounty-wic-program/#.YtaminbMKUK</p> <p>State WIC Site: https://wic.nj.gov/participantportal/en/</p> |

Local Food Banks/Pantries

| Name | Brief Description | Contact Information | Website |
|--|--|--|--|
| Arm in Arm | <ul style="list-style-type: none"> • Food Pantry: Provides 3 days' worth of food for families in need. <ul style="list-style-type: none"> • Tuesday and Thursday, 9:30AM-1PM 123 East Hanover Street, Trenton • Monday and Wednesday, 9:30-1PM 48 Hudson St., Trenton • Monday and Wednesday, 11AM- 4PM. Tuesday, 1:00PM-7:00PM 61 Nassau Street, Princeton | <p>Addresses: 123 East Hanover St., Trenton, NJ 08608 48 Hudson St., Trenton, NJ 08609 61 Nassau St., Princeton, NJ 08542</p> <p>Phone: 609-396-9355</p> <p>Email: info@arminarm.org</p> | <p>https://arminarm.org/</p> |
| Bromley Center (CYO) | <ul style="list-style-type: none"> • Food Pantry: The Food Pantry is designated to distribute free, federally funded and privately donated food to eligible, needy persons in Hamilton Township. The Food Pantry operates Tuesdays and Thursdays only from 9:30AM-11:30AM and 2:30PM-3:30PM. To be eligible applicants must show proof of income and residency. | <p>Address: 1801 E State St, Hamilton, NJ, 08609</p> <p>Phone: 609-587-8100</p> <p>Email: phardiman@cyomercer.org</p> | <p>www.cyobromley.org/</p> |
| Catholic Charities - Mercer Community Services Food Pantry | <ul style="list-style-type: none"> • Mercer County food pantry providing pre-packed food bags • Hours: Mondays through Fridays 9:30am to 11:30am & Wednesdays from 1pm-3pm • Visit website for a list of required documentation needed to receive assistance • Catholic Charities also offers SNAP assistance and gently used clothing and household goods | <p>Address: 73 North Clinton Avenue Trenton, NJ 08609 (located at Mount Carmel Guild)</p> <p>Phone: 609-392-5159</p> | <p>https://www.catholicchariestrenton.org/services/housing-food/</p> |
| Ginny's Pantry – Christ Presbyterian Church of Hamilton | <ul style="list-style-type: none"> • Ginny's Pantry is a monthly food pantry operated by Christ Presbyterian Church of Hamilton Township and First Presbyterian Church of Hamilton Square. Ginny's Pantry is open to all households of Mercer County who are currently enrolled in a number of qualifying government programs or household income • Ginny's Pantry is open on the second Thursday of each month from 5:30pm-7:30pm | <p>Address: 746 Klockner Rd, Hamilton, NJ 08619</p> <p>Phone: 609-587-0751 (main church)</p> | <p>https://sites.google.com/a/christchurchhamilton.org/www/ginnys-pantry</p> |

| | | | |
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| HomeFront | <ul style="list-style-type: none"> • HomeFront has three food pantry locations in Mercer County for HomeFront clients. Pantries contain food, diapers, baby wipes, formula and hygiene products. • Call, email or visit the website for more information | <p>Addresses:</p> <p>Fran’s Pantry: 1880 Princeton Avenue, Lawrenceville. Open Monday and Thursday from 11am to 2pm and Tuesday between 3pm and 6pm</p> <p>Lawrenceville Community Center Pantry: 295 Eggerts Crossing Road, Lawrenceville. Open the first and third Thursday of every month from 12-4pm</p> <p>FreeStore Pantry: 1000 Division Street, Trenton – Food bags available during your appointment when you shop for clothing and more. Call our main office at 609-989-9417 to make an appointment to shop for free.</p> <p>Phone: 609-989-9417 ext. 101</p> <p>Email: homefront@homefrontnj.org</p> | <p>https://www.homefrontnj.org/</p> |
| Jewish Family & Children's Service (JFCS) Food Pantry | <ul style="list-style-type: none"> • Prepared bags of groceries with fresh and non-perishable food items. • Call for more information and to schedule a pick-up | <p>Address: 707 Alexander Rd. Suite 102 Princeton, NJ 08540</p> <p>Phone: 609-987-8100 Ext 237</p> | <p>https://www.jfcsonline.org/foodprograms/</p> |
| John O. Wilson Neighborhood Center | <ul style="list-style-type: none"> • Food Pantry: The pantry is part of the South Regional Food Bank and provides emergency food to individuals and families in need, once a month. If you qualify, you can drop-in and pick-up canned goods, rice, pasta, etc. enough to feed and satisfy the needs of your family. Visit the website or call for eligibility information. | <p>Address: 169 Wilfred Ave, Hamilton, NJ, 08610</p> <p>Phone: (609) 393-6480, ext. 109</p> <p>Email: info@jowilsoncenter.org</p> | <p>https://jowilsoncenter.org/emergency-services/</p> <p>Food Pantry Application Link: https://jowilsoncenter.org/wp-content/uploads/2021/09/jow.foodpantry.app .pdf</p> |

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| <p>Light of the World Family Worship Church</p> | <ul style="list-style-type: none"> • Food distribution events every 3rd Saturday of the month • Grab and go format | <p>Address: 2400 S Broad St, Hamilton Township, NJ 08610</p> <p>Phone: 609-888-5800</p> <p>Email: thelight@lightchurchnj.org</p> | <p>https://www.lightchurchnj.org/</p> |
| <p>Mercer Street Friends</p> | <ul style="list-style-type: none"> • Mercer Street Friends Food Bank is a Partner Distribution Organization with the Community FoodBank of NJ and Feeding America. • The food bank provides food to various pantries and meal service programs across mercer county • Visit the website for a map and list of partnering sites across the county | <p>Address: Partnering food pantries located at various sites across the county</p> <p>Phone: 609-406-0503</p> <p>Email: info@mercerstreefriends.org</p> | <p>https://mercerstreefriends.org/food-pantry-map/</p> |
| <p>St. Raphael – Holy Angels Food Pantry</p> | <ul style="list-style-type: none"> • Food pantry provided by donations to St. Raphael’s, St. Gregory the Great and Our Lady of Sorrows-St. Anthony • Food pantry operates every other Saturday from 9am-11pm | <p>Address: 151 Gropp Ave, Hamilton, NJ 08610</p> <p>Phone: 609-585-3848</p> | <p>https://www.straphael-holyangels.com/ministries/service/food-pantry/</p> |

Meal Service Programs

| Name | Brief Description | Contact Information | Website |
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| Jewish Family & Children's Service - Koshers Café and Koshers Meals on Wheels | <ul style="list-style-type: none"> Community service agency that provides food pantry and distribution services, senior services, and counseling. | <p>Address: 707 Alexander Rd STE 102, Princeton, NJ 08540</p> <p>Phone: (609) 987-8100</p> | <p>https://www.jfcsonline.org/</p> |
| Meals on Wheels | <ul style="list-style-type: none"> Provides nutritious meals and related services to those who are homebound | <p>Address: 320 Hollowbrook Dr, Ewing, NJ 08638</p> <p>Phone: (609)-695-3483</p> | <p>https://www.mealsonwheelsmercer.org/</p> |
| Mercer County Nutrition Program for Older Adults and Farmers Market Nutrition Program | <ul style="list-style-type: none"> The Nutrition Project for Older Adults is a meal program designed to provide nutritious meals for those 60+ years, or those married to someone 60+ years old. Meals are available in Grab and Go format. Participants are encouraged to donate \$1 for their meal, registration is required by either calling or emailing. Two sites are in Hamilton, website contains complete list of locations. Farmers Market Nutrition Program offers vouchers for low-income seniors to purchase local produce. Eligibility is based on income and age – call or email for more information. | <p>Address for Hamilton Locations: Hamilton Senior Center - 409 Cypress Ave, Hamilton, NJ</p> <p>John O. Wilson Center – 169 Wilfred Ave, Hamilton, NJ 08610</p> <p>Phone: 609-989-6650 (call to register)</p> <p>Farmers Market Nutrition Program: Phone: 609-989-6661 Email: adrc@mercercounty.org</p> | <p>https://www.mercercounty.org/departments/human-services/aging-disability-resource-connection/office-on-aging/nutrition-program-for-older-adults</p> |
| Trenton Area Soup Kitchen (TASK) | <ul style="list-style-type: none"> Provides food 5 days a week, including holidays Partners with local faith-based organizations to deliver food throughout Mercer County Adult education and job search services | <p>Address: 72½ Escher Street, Trenton, NJ 08609</p> <p>Phone: 609-695-5456</p> | <p>www.trentonsoupkitchen.org/</p> |

Health Insurance and Social Service Resources

| Name | Brief Description | Contact Information | Website |
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| Adult Protective Services (APS) | <ul style="list-style-type: none"> Adult Protective Services (APS) programs have been established in each county in New Jersey to receive and investigate reports of suspected abuse, neglect and exploitation of vulnerable adults living in a community setting. County agency responsible is the Mercer County Board of Social Services | <p>Address: 200 Woolverton St, Trenton, NJ 08611</p> <p>Phone: 609-989-4346</p> | <p>https://www.state.nj.us/humanservices/doas/services/aps/</p> |
| El Centro de Recursos para Familias of Catholic Charities | <ul style="list-style-type: none"> Provides various social support programs for Mercer County residents including food, housing, mental health, addiction recovery, domestic violence and immigration support El Centro provides the Spanish-speaking community with advocacy and referrals, Counseling Services, Case Management, Health Navigators, Eye screening, Anger Management classes, ESL, GED, Citizenship classes, rental and utility assistance, and clothing and food. We also provide Immigration services that are accredited by the DOJ. | <p>Phone: 1-800-360-7711 (general access line for all services)</p> <p>El Centro Phone: 609-394-2056</p> | <p>https://www.catholiccharities-trenton.org/</p> <p>https://www.catholiccharities-trenton.org/services/immigration-elcentro/</p> |
| Get Covered NJ | <ul style="list-style-type: none"> NJ Health Insurance Marketplace Purchase private healthcare plans for individuals/families Financial help may be available based on income, apply online | <p>Phone: 1-833-677-1010</p> | <p>https://www.nj.gov/getcoverednj/</p> |
| Mercer County Board of Social Services | <ul style="list-style-type: none"> Helps provide financial and social services to individuals and families living in Mercer County. | <p>Address: 200 Woolverton St, Trenton, NJ 08611</p> <p>Phone: 609-989-4320</p> | <p>https://www.mcboos.org/</p> |
| NJ FamilyCare | <ul style="list-style-type: none"> NJ's publicly funded health insurance program for Medicaid, CHIP and Medicaid expansion populations Information about health insurance and benefits for eligible individuals Apply online or via phone | <p>Address: 100 American Metro Blvd Suite 105, Hamilton NJ 08619</p> <p>Phone: 1-800-701-0710</p> | <p>www.njfamilycare.org/</p> |
| NJ Helps | <ul style="list-style-type: none"> Screening tool for NJ Social Services | <p>Visit website to complete screening tool and application</p> | <p>https://www.njhelps.org</p> |

Housing Support and Resources

| Name | Brief Description | Contact Information | Website |
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| Arm in Arm | <ul style="list-style-type: none"> Emergency financial aid for housing and utility assistance | 609-396-9355 ext.11 | https://arminarm.org/preventing-homelessness/ |
| Catholic Charities – Housing and Homelessness Prevention Services | <ul style="list-style-type: none"> Homelessness prevention and rapid re-housing programs available for Mercer County residents Program also provides assistance for the following: money management, credit repair, saving skills, employment support, job referral services, resume review, and job retention to help strengthen self-sufficiency. | Address: 132 N Warren Street, Trenton, NJ 08608 Phone: 609-394-8847 | https://www.catholiccharitiestrenton.org/services/housing-food/ |
| Consumer Credit & Budget Counseling | <ul style="list-style-type: none"> Credit and Housing Counseling | Phone: 888-738-8233 Email: help@cc-bc.com | https://cc-bc.com/ |
| HomeFront | <ul style="list-style-type: none"> HomeFront provides housing support including immediate sheltering, financial assistance and support for finding affordable housing. Contact for more information, eligibility and how to apply for assistance. | Address: 1880 Princeton Avenue Lawrenceville, NJ 08648 Phone: 609-989-9417 Ext. 101 | https://www.homefrontnj.org/ |
| John O. Wilson Hamilton Neighborhood Center | <ul style="list-style-type: none"> Services include back rent assistance and utility (PSE&G, water, heating) assistance to local residents, who qualify, with a shut-off notice. Assistance is provided by a one-time supplemental payment towards rent, electricity, water or heating bill, in an effort to avoid eviction or service interruption. Please visit the website or call for more information and eligibility requirements. | Address: 169 Wilfred Ave, Hamilton, NJ, 08610 Phone: 609-393-6480 ex. 109 | https://jowilsoncenter.org/emergency-services/ |
| NJ Citizen Action | <ul style="list-style-type: none"> Counseling for housing, utility, worker, employment and other services related to COVID-19 | Phone: 800-656-9637 | njcitizenaction.org/ |

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| NJ Dept. of Housing and Community Resources | <ul style="list-style-type: none"> • Housing, utilities, eviction prevention, homelessness prevention support | Phone: 1-800-510-3102 | njdca-housing.dynamics365portals.us/en-US/ |
| NJ Homeless Hotline 24/7 | <ul style="list-style-type: none"> • State hotline that works with county agencies to connect homeless individuals with local resources and shelter • Free, confidential, multi-lingual | Phone: 2-1-1 or 877-746-5211 | https://www.nj211.org/state-homeless-hotline |
| State of NJ Property Tax Relief Programs | <ul style="list-style-type: none"> • Visit the website for more information on the Senior Freeze Program, Homestead Benefit Program and Deductions, Exemptions & Abatements | N/A | https://www.state.nj.us/treasury/taxation/relief.shtml |

Maternal and Child Health Resources

| Name | Brief Description | Contact Information | Website |
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| Capital Health Maternal and Child Health | <ul style="list-style-type: none"> • Various Maternal and Child Health programs available for expecting mothers and babies • Centering Pregnancy Program • Family Connects Program: provides free at-home nurse visits for parents who live in Mercer County and give birth at Capital Health | <p>Capital Health Regional Medical Center 609-394-6000</p> <p>Capital Health Medical Center - Hopewell 609-303-4000</p> | https://www.capitalhealth.org/medical-services/institute-for-urban-care/strategic-focus/maternal-child-health |
| Catholic Charities – Children, Youth and Families Services | <ul style="list-style-type: none"> • Children, youth and families services include trauma and abuse counseling, services to those experiencing domestic violence and crisis intervention for adolescents and their parents. We also offer ESL, citizenship, and naturalization classes for immigrants. | <p>Address: 55 North Clinton Avenue, Trenton, NJ 08609</p> <p>Phone: 877-652-7624</p> | https://www.catholiccharitiesrenton.org/services/children-families/ |
| Childcare Connection | <ul style="list-style-type: none"> • Information and resources for families and childcare providers to help provide quality and affordable childcare. • Childcare referrals and subsidy eligibility | <p>Address: 1001 Spruce Street, Suite 201 Trenton, NJ 08638</p> <p>Phone: 609-989-7770</p> <p>Email: mail@ccc-nj.org</p> | https://childcareconnection-nj.org/ |
| Children’s Futures | <ul style="list-style-type: none"> • Non-profit organization working to improve lives of children and families in Mercer County • Wide network of partners and programs on the topics of parenting, primary care, childcare, community support and Doula services. | <p>Address: 16 West Front Street, Suite 220 Trenton, NJ 08608</p> <p>Phone: 609-695-1977</p> <p>Visit the website for more information on programs offered.</p> | www.childrensfutures.org |
| Children’s Home Society of NJ – WIC | <ul style="list-style-type: none"> • Non-profit organization helps at-risk infants, children, and families with a variety of services. • CHSofNJ is also operating the WIC program for Mercer County residents | <p>Address: 635 S Clinton Ave, Trenton, NJ 08611</p> <p>Phone: 609-695-6274</p> | https://www.chsofnj.org/ |

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| The Maker's Place: Diaper Depot | <ul style="list-style-type: none"> • Free diapers available to families • Fill out the brief survey online to join the waitlist, you will then be contacted to pick up your diapers • Donations are also accepted of new, clean wrapped diapers you no longer need | <ul style="list-style-type: none"> • Online Request • If you cannot request online please call: 609-751-9128 | https://www.makersplace.org/ |
| Hamilton Township Division of Health (HDoH) | <ul style="list-style-type: none"> • Child Health Clinic (CHC) - Free clinic for Hamilton and Robbinsville residents who are uninsured or underinsured to access routine immunizations children need for school. Please call for more information and determine eligibility. | <p>Address: 2100 Greenwood Ave, Hamilton, NJ 08609</p> <p>Phone: 609-890-3884</p> | www.hamiltonnj.com/health |
| Head Start | <ul style="list-style-type: none"> • Federal program that promotes the school readiness of children from birth to age five. There multiple locations in Hamilton. | <p>Head Start I: Address: 169 Wilfred Ave, Trenton, NJ 08610 Phone: 609-393-7030</p> <p>Head Start II: Address: 1801 E. State St, Hamilton, NJ 08609 Phone: 609-587-4544</p> <p>Early Head Start - The Vivian B. Shapiro Early Head Start Center: Address: 1435 Liberty Street Hamilton, NJ 08610</p> | http://gatewaycommunityap.schoolinsites.com/?DivisionID=14602&DepartmentID=15189 |
| HealthStart | <ul style="list-style-type: none"> • Prenatal care through Capital Health, nutritional counseling and W.I.C referrals, social services | <p>Address: 433 Bellevue Ave, Trenton, NJ</p> <p>Phone: 609-394-4111</p> | https://www.capitalhealth.org/our-locations/family-health-center/ob-gyn-trenton |
| Henry J. Austin Health Center | <ul style="list-style-type: none"> • FQHC (Federally Qualified Health Center), Medical and Health Services • Services available to uninsured and underinsured • Well Woman Care, family planning services and pediatrics available | <p>Address: 321 North Warren St, Trenton, NJ, 08618</p> <p>Phone: 609-278-5900</p> <p>Email: info@henryjaustin.org</p> | www.henryjaustin.org/ |

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| <p>Mercer Street Friends (Free Pregnancy Testing)</p> | <ul style="list-style-type: none"> • Free Pregnancy Testing (by appointment, call or email to schedule) • Information on Prenatal care, parenting education, resources and referrals | <p>Address: 222 Hermitage Ave, Trenton, NJ 08618</p> <p>Phone: 609-278-6912 (Maria Hernandez)</p> <p>Email: mhernandez@mercerstreefriends.org</p> | <p>https://mercerstreefriends.org/</p> |
| <p>NJ Dept. of Children and Families (DCF)- Child Abuse/Neglect Hotline</p> | <ul style="list-style-type: none"> • Child Abuse/Neglect Hotline | <p>Phone: 1-877-652-2873</p> | <p>www.nj.gov/dcf/news/Hotlines&Helplines-COVID.pdf</p> |
| <p>NJ Dept. of Children and Families (DCF)- MOM2MOM</p> | <ul style="list-style-type: none"> • Helpline offers 24/7 peer support to mothers of children with special needs. | <p>Phone: 1-877-914-6662</p> | <p>https://www.nj.gov/dcf/news/Hotlines&Helplines-COVID.pdf</p> |
| <p>NJ Department of Human Services – Division of Family Development</p> | <ul style="list-style-type: none"> • Information on childcare resources and programs including Child Care Assistance Program • Childcare center search tool by zip code | <p>Visit website to access information and search tools</p> | <p>https://www.childcarenj.gov/</p> |
| <p>Options for Women</p> | <ul style="list-style-type: none"> • Services include a free medical consultation with a second visit ultrasound, pregnancy navigation, and customized support. | <p>Address: 945 W State St, Trenton, NJ 08618</p> <p>Phone: 732-362-2256</p> | <p>https://optionsnj.org/</p> |
| <p>Planned Parenthood</p> | <ul style="list-style-type: none"> • Provides reproductive health care for insured and uninsured. | <p>Address: 2279 State Highway 33 Golden Crest Corporate Center - Suite 510, Mercerville-Hamilton Square, NJ 08690</p> <p>Phone: 609-788-3233</p> | <p>https://www.plannedparenthood.org/</p> |

Mental Health and Addiction Resources

| Name | Brief Description | Contact Information | Website |
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| 988 Suicide and Crisis Hotline | <ul style="list-style-type: none"> • Immediate Counseling and Emotional Support, Suicide Prevention 24/7 • Call, text or live chat online | <p>Phone: 988</p> <p>Text: 988</p> <p>Chat online: https://988lifeline.org/talk-to-someone-now/</p> | https://988lifeline.org/ |
| Catholic Charities – Mental Health and Addiction Recovery Services | <ul style="list-style-type: none"> • Mental health services include various outpatient counseling, psychiatric services, medication management along with integrated health supports. • Counseling services available to Spanish-speaking clients • Addiction recovery services include medication-assisted treatment (MAT), ambulatory opioid detox, treatment for pregnant women and intensive outpatient programs for individuals experiencing drug or alcohol dependence along with integrated health supports. | <p>Address: 10 Southard Street, Trenton, NJ 08609</p> <p>Phone: 609-396-4557</p> | <p>https://www.catholiccharitiesrenton.org/services/mental-health/</p> <p>https://www.catholiccharitiesrenton.org/services/addiction-recovery/</p> |
| Center for Family Services | <ul style="list-style-type: none"> • Service provider in a variety of areas including counseling & behavioral health, addiction, family support, housing, community connections and LGBTQIA+ resources in their PRIDE center. | <p>Phone: 877-922-2377</p> | https://www.centerffs.org/ |
| Disaster Distress Helpline | <ul style="list-style-type: none"> • Mental Health, Immediate Crisis Counseling 24/7 | <p>Phone: 1-800-985-5990</p> | https://www.samhsa.gov/find-help/disaster-distress-helpline |
| Mercer Council on Alcoholism and Drug Addiction | <ul style="list-style-type: none"> • Non-profit organization dedicated to the prevention of substance abuse and harmful consequences. • Provide prevention and early intervention programs and referrals to residents throughout Mercer County | <p>Phone: 609-396-5874</p> <p>Email: mcada@mercercouncil.org</p> | https://www.mercercouncil.org/ |

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| MTR Therapy | <ul style="list-style-type: none"> Mental Health, Behavioral, Crisis, Safety, intellectual and developmental needs, and medical | Phone: 267-702-4486 Email: diana@mtrtherapy.com | https://www.mtrtherapy.com/ |
| NJ Addiction Services Hotline | <ul style="list-style-type: none"> 24/7 clinically trained and supervised specialists to educate, assist, and refer individuals and families battling addictions | Phone: 844-276-2777 | nj.gov/humanservices/dmhas/home/hotlines/ |
| NJ Connect for Recovery | <ul style="list-style-type: none"> Safe and confidential service to connect to supportive counseling from Certified Alcohol and Drug Counselors and Peer Specialists | Phone: 855-652-3737 | www.njconnectforrecovery.org/ |
| NJ Hope Line | <ul style="list-style-type: none"> NJ's 24/7 Peer Support and Suicide Prevention Hotline | Phone: 855-654-6735 | www.njhopeline.com/ |
| NJ Mental Health Cares | <ul style="list-style-type: none"> Emotional and mental health support for issues related to COVID-19 or other mental concerns. | Phone: 866-202-4357 Email: help@njmentalhealthcares.org | www.njmentalhealthcares.org/ |
| The Princeton Center for MindBody Healing & The Princeton Foundation for Elevating Equality | <ul style="list-style-type: none"> Outpatient therapy and mental health services Foundation helps provide mental health services to those with barriers accessing care such as uninsured and underserved groups | Phone: (609) 375-8727 Email: info@princetonmindbody.com Address: 245C Nassau Street Princeton NJ 08540 | https://princetonmindbody.com/ |
| ReachNJ | <ul style="list-style-type: none"> ReachNJ is a central call-in-line for New Jersey residents who are looking for help to overcome a substance use disorder. Each call to ReachNJ is answered by a trained specialist 24/7 who will provide the caller with a referral to a local treatment provider or other supportive services. ReachNJ connects callers to help regardless of their insurance or ability to pay. | Phone: 1-844-REACHNJ (732-2465) | https://nj.gov/humanservices/reachnj/index.shtml |
| 2NDFLOOR | <ul style="list-style-type: none"> Confidential and anonymous helpline for youth and young adults | Phone: 866-202-4357 | www.2ndfloor.org/ |

Non-Emergency Medical and Dental Care

Please call 911 for immediate medical emergencies

Charity Care and Free Clinics

| Name | Brief Description | Contact Information | Website |
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| Capital Health Family Health Center | <ul style="list-style-type: none"> Healthcare (adult, pediatric, and OB/GYN) - by appointment Services available to uninsured and underinsured Financial assistance and charity care applications available | <p>Address: 433 Bellevue Ave, Trenton, NJ 08618</p> <p>Phone: 609-815-7296</p> | www.capitalhealth.org/our-locations/family-health-center |
| Hamilton Township Division of Health Clinic | <ul style="list-style-type: none"> CHC - Child Health Conference provides free immunizations for children through the VFC program (uninsured/underinsured children only) Confidential STI clinic: (insured and uninsured can get free STI testing) | <p>Address: 2100 Greenwood Ave, Hamilton, NJ 08609</p> <p>Phone: 609-890-3884</p> | www.hamiltonnj.com/health |
| Henry J. Austin Health Center | <ul style="list-style-type: none"> FQHC (Federally Qualified Health Center), Medical and Health Services Healthcare services available to uninsured and underinsured (medical and dental) | <p>Address: 321 North Warren St, Trenton, NJ, 08618</p> <p>Phone: 609-278-5900</p> <p>Email: info@henryjastin.org</p> | www.henryjastin.org/ |
| Robert Wood Johnson University Hospital Hamilton – Charity Care | <ul style="list-style-type: none"> Charity care and financial assistance available by application Services by appointment only | <p>Address: 1 Hamilton Health Pl, Hamilton, NJ 08690</p> <p>Phone: 609-249-7525 / 609-249-7524</p> <p>Email: charity.care@rwjuh.edu</p> | www.rwjbh.org/rwj-university-hospital-hamilton/billing/financial-assistance-policy-fap/ |
| ScreenNJ (Rutgers Cancer Institute of NJ) | <ul style="list-style-type: none"> Provide cancer screenings, referrals and patient navigation services regardless of income or health insurance status. | <p>Phone: 833-727-3665</p> <p>Email: patientnavigation@cinj.rutgers.edu</p> | https://screennj.org/ |

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| <p>Zufall Health Center – Plainsboro (Penn Medicine)</p> | <ul style="list-style-type: none"> • Healthcare (primary, specialty, chronic condition management, clinics for all age groups) for uninsured and underinsured residents of Mercer and Middlesex county • Financial assistance and charity care applications available | <p>Address: 1 Plainsboro Rd, Plainsboro, NJ, 08536</p> <p>Phone: 609-853-7600</p> | <p>www.princetonhcs.org/care-services/community-health-center</p> |
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Dental Care

| Name | Brief Description | Contact Information | Website |
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| Academy Dental | <ul style="list-style-type: none"> • Dental care - Pediatric and Adult • Emergency dental services, orthodontics • Accepts most insurances • Direct dental program available for uninsured | <p>Address: 731 Highway 33, Hamilton, NJ 08619</p> <p>Phone: 609-454-6500</p> | <p>www.academydentalnj.com</p> |
| Community Dental of Hamilton | <ul style="list-style-type: none"> • Dental care for adults and children • Emergency walk-in care • Accepts most insurance and NJ Family Care Plans | <p>Address: 312 Rt. 33, Hamilton, NJ 08619</p> <p>Phone: 609-228-3200</p> | <p>www.hamiltontentalnj.com</p> |
| Hamilton Dental Associates | <ul style="list-style-type: none"> • Dental care – Pediatric and Adult • Accepts most PPO insurance plans • Financing and membership plan available for uninsured • Partnership with CareCredit that may be able to finance dental treatments with low-to-no down payments or interest rates | <p>Address: 1245 Whitehorse Mercerville Rd, Suite A-417, Hamilton, NJ 08619</p> <p>Phone: 609-581-4322</p> | <p>www.hamiltontental.com</p> |
| Henry J. Austin Health Center | <ul style="list-style-type: none"> • FQHC (Federally Qualified Health Center) offering dental services to adults and children • Discount program based on family size and income for uninsured | <p>Address: 321 North Warren St, Trenton, NJ, 08618</p> <p>Phone: 609-278-5900</p> <p>Email: info@henryjaustin.org</p> | <p>www.henryjaustin.org</p> |
| Hamilton Smiles | <ul style="list-style-type: none"> • Dental Care- Pediatric and Adult • Accepts most insurance • Direct dental plan for uninsured | <p>Address: 3379 Quakerbridge Road, Suite 103 Hamilton NJ 08619</p> <p>Phone: 609-454-6788</p> | <p>www.hamiltonsmilesnj.com</p> |
| Kinder Smile Community Oral Health Center | <ul style="list-style-type: none"> • Dental Care - Pediatric and Adult • Accepts Medicaid and NJ Family Care Plans • Affordable fees for uninsured | <p>Address: 101 N. Broad St, Trenton, NJ, 08608</p> <p>Phone: 973-744-7003</p> <p>Email: kfs@kindersmile.org</p> | <p>www.kindersmile.org</p> |

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| <p>Rutgers School of Dental Medicine</p> | <ul style="list-style-type: none"> • Offers care provided by pre-doctoral students • Accepts Medicaid plans, but do not accept private insurance • At first non-emergency patient visit, you will receive a screening that includes one set of X-rays at a fee of \$55 Visits can take up to four hours to complete since the students are being closely monitored by a faculty member | <p>Rutgers Health University Dental Associates, 90 Bergen St Ste 7700 Newark, NJ 07103 973-972-2444</p> <p>Rutgers Health University Dental Associates, 135 Somerset St New Brunswick, NJ 08901 732-235-5050</p> | <p>sdm.rutgers.edu/patient-care</p> |
| <p>Simply Beautiful Smiles</p> | <ul style="list-style-type: none"> • Family and Pediatric Dentist • Accept most major insurances • Discount Plan that provides access to discounted services, saving members 20-65% on dental care. | <p>Address: 1262 Whitehorse Hamilton Square Rd Building B, Floor #2 Hamilton Township, NJ 08690</p> | <p>sbsmiles.org</p> |

Family Planning / STI* / HIV Resources

| Name | Brief Description | Contact Information | Website |
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| Hamilton Township Division of Health (HDoH) Free and Confidential STI Testing Clinic | <ul style="list-style-type: none"> • Walk-in Hours: Tuesdays from 9am-12pm and 3pm-5:30pm • Accepts residents of Hamilton Township and residents of the municipalities of East Windsor, Ewing, Hightstown, Hopewell Township, Lawrence, Princeton, Robbinsville, and West Windsor. • Students residing on the campuses of TCNJ or Rider University may get services with a valid college ID • HIV testing offered via a partnership with the NJDOH | <p>Address: 2100 Greenwood Ave, Hamilton, NJ 08609</p> <p>Phone: 609-890-3647 or 609-890-3884</p> | <p>https://www.hamiltonnj.com/271/STD-Counseling-Testing</p> |
| Henry J. Austin Health Center | <ul style="list-style-type: none"> • Federally Qualified Health Center offering free and low cost care to uninsured and underinsured residents • STI Testing and treatment • HIV prevention, testing, counseling, referral, PrEP and treatment services. • Women’s health care, family planning and Well Woman Care | <p>Address: 321 N. Warren St, Trenton, NJ 08618</p> <p>Phone: 609-278-5900</p> | <p>https://henryjain.org/</p> |
| HIV.gov | <ul style="list-style-type: none"> • National hub for HIV services and information • Locate testing centers and services for HIV support and care | <p>Visit website for more information and to search resource centers.</p> | <p>https://www.hiv.gov/</p> |
| Hyacinth Foundation | <ul style="list-style-type: none"> • STI and HIV testing • Health education and harm reduction center • Emergency financial assistance • LGBTQ+ safe-space | <p>Address: 849 W. State St, Trenton, NJ 08618</p> <p>Phone: 609-396-8322</p> | <p>www.hyacinth.org/</p> |
| Mercer Street Friends (Free Pregnancy Testing) | <ul style="list-style-type: none"> • Free Pregnancy Testing (by appointment, call or email to schedule) • Information on Prenatal care, parenting education, resources and referrals | <p>Address: 222 Hermitage Ave, Trenton, NJ 08618</p> <p>Phone: 609-278-6912 (Maria Hernandez)</p> <p>Email: mhernandez@mercerstreetfriends.org</p> | <p>https://mercerstreetfriends.org/</p> |

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| <p>NJ AIDS/HIV/STD Hotline 24/7</p> | <ul style="list-style-type: none"> • Information on HIV, AIDS, and other sexually transmitted infections (STIs) • Referrals to testing, prevention and treatment services • HIV prevention options - PrEP (pre-exposure prophylaxis) or PEP (post-exposure prophylaxis) • Referrals to harm reduction centers (syringe access available) • Partner notification services • New Jersey's AIDS Drug Distribution Program (ADDP) | <p>24/7 Hotline</p> <p>Call: 1-800-624-2377</p> <p>Text: 973-339-0712</p> <p>Live Chat: https://www.njhivstdline.org/</p> | <p>https://www.njhivstdline.org/</p> |
| <p>Options for Women</p> | <ul style="list-style-type: none"> • Pregnancy/Parenting support | <p>Address: 945 W State St, Trenton, NJ 08618</p> <p>Phone: 732-362-2256</p> | <p>optionsnj.org/</p> |
| <p>Planned Parenthood – Hamilton and Trenton</p> | <ul style="list-style-type: none"> • STI Testing, HIV services • Men and women’s health care • Pregnancy testing and services • Birth control services | <p>Hamilton: Address: 2279 Route 33, Hamilton, NJ 08619 Phone: 609-689-4964</p> <p>Trenton: Address: 437 East State Street Trenton, NJ 08608 Phone: 609-599-4881</p> | <p>www.plannedparenthood.org/health-center/new-jersey</p> |

*STI: Sexually Transmitted Infections

Urgent Care

| Name | Brief Description | Contact Information | Website |
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| AFC Urgent Care | <ul style="list-style-type: none"> • Urgent Care, COVID-19 rapid testing • Most insurances accepted or self-pay • Physicals: \$55 | <p>Address: 1085 Whitehorse Avenue Hamilton, NJ 08610</p> <p>Phone: 609-578-4170</p> | <p>www.afcurgentcare.com/hamilton/</p> |
| Patient First Urgent Care | <ul style="list-style-type: none"> • Urgent Care, COVID-19 testing • Most insurances accepted or self-pay • Physicals: Starting at \$49, vaccine records required | <p>Address: 641 US Highway Route 130 Hamilton, NJ 08691</p> <p>Phone: 609-568-9383</p> | <p>https://www.patientfirst.com/</p> |
| Optum Urgent Care of Hamilton | <ul style="list-style-type: none"> • Urgent Care • Most insurances accepted or self-pay • Sports Physicals: \$30 | <p>Address: 811 Route 33 Hamilton, NJ 08619</p> <p>Phone: 609-587-8298</p> | <p>https://east.optum.com/</p> |
| Robert Wood Johnson Primary Care Express | <ul style="list-style-type: none"> • Urgent care • Most insurances accepted or self-pay | <p>Address: 3100 Quakerbridge Rd, Suite #28, Hamilton, NJ 08619</p> <p>Phone: 609-245-7430</p> | <p>https://www.rwjbh.org/rwjbarnabas-health-medical-group/our-specialties/urgent-care/</p> |

Transportation Services

| Name | Brief Description | Contact Information | Website |
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| 2-1-1 – Ride United Transportation Access | <ul style="list-style-type: none"> Ride United is a partnership between 211 and the United Way Worldwide. Must have the Lyft app to get a ride. Open to all New Jersey residents age 18 years and older who are in need of transportation for one of the listed purposes where Lyft ride service is available. Can be used for Medical, Employment, Food, Education, Legal, Housing, and Financial Services. | <p>Call 2-1-1 to connect with a live specialist who can help arrange the ride</p> <p>Or</p> <p>Text "ride" to 973-929-9717</p> | https://www.nj211.org/RUTA |
| Access Link | <ul style="list-style-type: none"> Nationwide transportation service offered to seniors and people with disabilities with minimal charge | Call (973) 491-4224 for more information | N/A |
| Greater Mercer Transportation Management Association (GMTMA) and RideProvide | <ul style="list-style-type: none"> Non-profit organization that assists Mercer County residents with transportation referrals including a mobility guide to help navigate public transportation within the county. RideProvide is a program of the Greater Mercer Transportation Management association, offering personalized, low-cost, door-to-door transportation to seniors (65 and up) and people with physical disabilities Drivers will take you to activities of your choice, such as medical appointments, visits with friends and family, religious activities, etc. Fares are distance-based | <p>Phone: 609-452-1491</p> <p>Email: tma@gmtma.org</p> <p>RideProvide: To arrange your appointments call 609-452-5144</p> | <p>https://gmtma.org/</p> <p>Mobility Guide: https://gmtma.org/mobility-guide/</p> <p>RideProvide: https://rideprovide.org/</p> |
| Medi Transport | <ul style="list-style-type: none"> Medi Transport is a medical, non-profit transportation service for Medicaid, wheelchair, and ambulatory seniors Two options are available: Self-pay (for \$80 and up) and Medicaid. Medicaid patients must go through a social worker and need 48 hours' notice | For Medi-Transport of Mercer County, call (609) 586-7171 | N/A |
| Mercer County Transportation Resources To Aid the Disadvantaged and Elderly (TRADE) | <ul style="list-style-type: none"> The Mercer County TRADE provides transportation to the Hamilton Township Nutrition Sites (Hamilton Senior Center) Monday through Friday. TRADE is able to assist wheelchair-bound older adults | 609-530-1974 | https://www.mercercounty.org/departments/transportation-and-infrastructure/t-r-a-d-e |

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| <p>NJ Transit Reduced Fair Program</p> | <ul style="list-style-type: none"> • Special rates for residents 62 years of age and older, people with disabilities • Personal assistants ride for free when proper identification is presented for the assistant and the person with a disability • Qualifying out-of-state residents can ride on NJ TRANSIT buses and trains at the reduced rate • Those between the ages of 62-64 may be asked to present a valid ID including date of birth to get the reduced price | <p>For more info call: (973) 491-7112</p> | <p>To apply for a reduced fare ID: www.njtransit.com/sf/sf_servlet.srv?hdnPageAction=ReducedFareTo</p> |
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Websites to Access Health Information

When looking up information on health topics be sure to use reputable and trusted sources. Below are some websites with trusted health information.

| Name | Brief Description | Website |
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| Centers for Disease Control and Prevention (CDC) | <ul style="list-style-type: none"> • CDC website contains information on various health topics from COVID-19, chronic diseases, healthy living, emergency preparedness and travel information. | www.cdc.gov/ |
| Food and Drug Administration (FDA) | <ul style="list-style-type: none"> • Information on COVID-19 vaccines and other health topics | www.fda.gov/ |
| Mayo Clinic | <ul style="list-style-type: none"> • Information on various health and medical topics | www.mayoclinic.org/ |
| National Institutes of Health (NIH) | <ul style="list-style-type: none"> • Information and research on various health related topics | www.nih.gov/ |
| NJ Department of Health | <ul style="list-style-type: none"> • Information on COVID-19 and other health topics | www.nj.gov/health/ |
| US Environmental Protection Agency | <ul style="list-style-type: none"> • Information on environmental health regulations and topics | www.epa.gov/ |