

# Senior Center Newsletter

Hamilton Township, New Jersey

Winter 2026 Edition

Dear Neighbor,

Wishing you a Happy New Year! I hope your holidays were enjoyable and relaxing, and that 2026 has begun positively for you and your family.

This year, the United States of America will celebrate an extraordinary milestone—250 years since the birth of our nation. The 2026 calendar, which you should be receiving in your mailbox soon, highlights the important role Hamilton Township played in America’s early history. Please stay tuned for announcements and events throughout the year as we commemorate this historic anniversary together. As always, the calendar is also a valuable resource, featuring community events, meeting dates, and our popular “How Do I Get Rid of It?” guide for recycling and disposal needs.

I encourage you to take advantage of everything our Senior Center has to offer. It’s a wonderful place to stay active, engaged, and connected. Residents can explore new hobbies and enjoy a wide variety of activities, including bocce, billiards, card games, exercise classes, chess, and much more. The Senior Center also hosts several annual events, such as our popular St. Patrick’s Day party. Ticket sales for this event will begin one month in advance.

I look forward to seeing you at the Senior Center and around town throughout 2026. Thank you for being a valued member of our community!

Sincerely,

Jeff Martin  
Mayor



## Important Dates

### January

**January 1<sup>st</sup> - Center Closed, Happy New Year**

January 6<sup>th</sup> - AIC Screening, 12:15pm, APR

January 7<sup>th</sup> - Lung Cancer Presentation, 10am, APR

January 12<sup>th</sup> - NEC, 9:30am, CR

January 13<sup>th</sup> - UNO Tournament, 12:30pm, APR

January 14<sup>th</sup> - Panel of Experts, 12:15pm, APR

January 15<sup>th</sup> - Shingles Vaccine Clinic, 10am-1pm

**January 19<sup>th</sup> - Center Closed, MLK Jr. Day**

January 21<sup>st</sup> - Golden Connections, 10:15am, APR

January 22<sup>nd</sup> - Tech Help, 3pm, CR

January 27<sup>th</sup> - Jeopardy, 10am, APR

January 30<sup>th</sup> - Circle of Friends, 9am, APR

### February

February 9<sup>th</sup> - Superbowl Wrap-Up, 11am, MDR

February 10<sup>th</sup> - Bullying in Older Adults, 10am, APR

February 11<sup>th</sup> - Trivia, 12:15pm, APR

February 12<sup>th</sup> - Valentine’s Just Dance, 2-5pm, MDR

**February 13<sup>th</sup> - Center Closed, Presidents Day Observed**

**February 16<sup>th</sup> - Center Closed, Presidents Day**

February 18<sup>th</sup> - Golden Connections, 10:15am, APR

February 23<sup>rd</sup> - NEC, 9:30am, CR

February 26<sup>th</sup> - Tech Help, 3pm, CR

February 27<sup>th</sup> - Circle of Friends, 9am, APR

### March

March 10<sup>th</sup> - Left, Right, Center, 10am, APR

March 11<sup>th</sup> - Coloring for Relaxation, 12:15pm, APR

March 16<sup>th</sup> - NEC, 9:30am, CR

March 17<sup>th</sup> - St. Patrick’s Day Just Dance, 3-6pm, MDR

March 18<sup>th</sup> - Golden Connections, 10:15am, APR

March 24<sup>th</sup> - Singles Vaccine Clinic, 10am-1pm

March 27<sup>th</sup> - Circle of Friends, 9am, APR

### Room Abbreviations:

APR - All Purpose Room

CR - Computer Room, GR - Game Room

MDR - Main Dining Room

SR - Serenity Room (end of the hallway)

Accredited by  
National Institute of  
Senior Centers



# Hamilton Township Senior Center

409 Cypress Lane, Hamilton NJ, 08619

**Phone Number:** 609-890-3686

**Fax Number:** 609-588-8074

**Website:** [www.HamiltonNJ.com/Seniors](http://www.HamiltonNJ.com/Seniors)

## Hours of Operation:

Monday - Wednesday & Friday: 8:30am-4:00pm

Thursday: 8:30am-7:00pm

**Jeff Martin, Mayor**

**Kathleen M. Fitzgerald, R.N., BSN**

*Director of Health, Recreation and Senior & Veteran Services*

## Hamilton Township Council

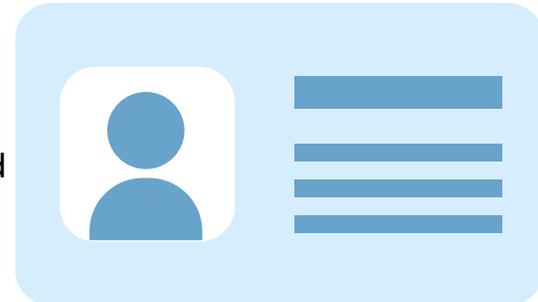
Pasquale (Pat) Papero - Council President, Nancy Phillips - Council Vice President,  
Anthony Carabelli, Richard Tighe, Charles Whalen



The Hamilton Township Senior Center is an Adult Social and Recreational facility. All members must be able to physically and mentally care for themselves or have a personal assistant with them. This includes being able to navigate a walker or wheelchair and function independently.

## Become a Member

Thinking about becoming a member or know someone that wants to join? Hamilton Senior Photo Identification Cards can be issued at the office Monday through Friday between the hours of 9:00am and 3:00pm. You must be 60 years of age and make sure to bring two documents with your name and Hamilton address on it (i.e. utility bill, car registration, license).  
Call 609-890-3686 for more information.



**CLOSED**

## Senior Center Closed

**Thursday - January 1<sup>st</sup>**

*New Years Day*

**Monday - January 19<sup>th</sup>**

*Martin Luther King Jr. Day*

**Friday - February 13<sup>th</sup>**

*Presidents Day Observed*

**Monday - February 16<sup>th</sup>**

*Presidents Day*

## \*\* Attention \*\*

If you are able to speak, read or write in another language, and would be willing to help non-English speaking members navigate our facility, please let us know at the main office. We would like to accommodate all residents with our events and activities. For further assistance please contact our office 609-890-3686 or email [KFitzgerald@HamiltonNJ.com](mailto:KFitzgerald@HamiltonNJ.com)



# Information & Assistance Programs

## Transportation Services

The Hamilton Senior Center provides free transportation to Hamilton Senior residents for medical appointments and food shopping within our borders. Please see our website: [www.Hamiltonnj.com/seniors](http://www.Hamiltonnj.com/seniors) for the Title VI transportation program. Not available on weekends. **CALL : 609-890-3686** to reserve transportation.

## Mercer County T.R.A.D.E.

Mercer County T.R.A.D.E. provides transportation to the Hamilton Senior Center. They also offer transportation to medical appointments, beauty appointments, banks, and local malls throughout Mercer County. **CALL : 609-530-1971**

## Access Link

NJ TRANSIT's Access Link paratransit service is an important lifeline for customers with disabilities who travel to work, medical appointments, recreational and entertainment destinations, shopping, and more. Access Link provides public transportation for people with disabilities who are unable to use our existing local bus service. **CALL : (973) 491-4224 and select option #1**

## Ride Provide

Greater Mercer RideProvide offers our growing population of seniors and the visually impaired – who would otherwise be struggling with the limitations of not being able to drive – an alternative mode of transportation. **CALL : 609-452-5140**

## The Mercer County Nutrition Program

The Mercer County Nutrition Program for Older Adults offers appetizing meals that are served in settings that bring people together for activities and social interaction. The program is open to: anyone 60 years of age or older and their spouses (regardless of age) any county resident with a disability whose primary caregiver is a program participant, anyone volunteering in the program, and the personal care aides of program participants (when they accompany a participant to the site where meals are provided). The Mercer County Nutrition program serves their in-person congregate hot lunches at 11:30am, Monday through Friday. **Participants must register for the Mercer County Nutrition Program by calling 609-989-6650.**

The Mercer County TRADE provides transportation to the Hamilton Township Nutrition Site (Hamilton Senior Center) Monday through Friday. TRADE is able to assist wheelchair-bound seniors in their transportation needs. For more information, please call 530-1971 or see the TRADE website.

## Legal Assistance

Mercer County Legal Services provides assistance with Housing, Consumer Fraud, Family Legal Issues, Last Will & Testaments. To check for eligibility and make an appointment **CALL : 609-695-6249**  
**Mercer County Bar Association:**  
**609-585-6200**

## Operation Re-Assurance Program

Register **FREE** with the Hamilton Police Division to call in and be checked on your well being everyday. This is a great program for individuals that live alone. To register **CALL : 609-581-4033**

## Medical Insurance Assistance

Meet with a counselor to help you with information & forms regarding Medicare, PAAD, Senior Gold and other medical insurance. For an appointment **CALL: 609-890-3686**

## NJ Shares

Assistance program for NJ Residents who have fallen behind on utility bills due to a temporary financial crisis. Applications for Hamilton Senior Residents ONLY. **CALL : 609-530-8947**

## Notary

If you are in need of a notary, contact the office at the Hamilton Senior Center. **CALL : 609-890-3686**  
or Mercer County Connections:  
**CALL : 609-890-9800**

## **HAMSTAT**

Hamilton's One Call Center

**Call 609-586-0311 for:**

Building Permits

Dog License

Garbage Collection

Parks & Recreation Programs

Potholes

Senior Center Information

Tax Information

Township Events



## **Helpful Phone Numbers**

Hamilton Police Departments:	609-581-4000
Housing Department of Hamilton:	609-890-3675
Mercer County Legal Services:	609-695-6249
Mercer County Connections:	609-890-9800
Mercer County Board of Social Services:	609-989-4346
Aging and Disability Center:	1-877-222-3737
Medicare Hotline:	1-800-633-4227
NJ Hope Line:	1-855-654-6735
NJ Social Security Office:	1-800-772-1213
PAAD Hotline:	1-800-792-9745

## **Volunteer Opportunities**

### **The Hamilton Senior Center**

The Senior Center welcomes volunteers for events, office helpers and activity leaders. If you have an interest to volunteer at the Senior Center, please see the office for a Volunteer Application or call 609-890-3686 for more information.



### **The Mercer County Nutrition Program**

Volunteers are invaluable to the Nutrition program, county wide. It is an excellent way to serve older adults right in your own community. Trained volunteers can either help to serve meals or wipe down the tables/serving areas at the congregate meal sites. **How to become a volunteer:** Kindly reach out to Edward Meara via email [emeara@mercounty.org](mailto:emeara@mercounty.org) or call 609-989-6650. Someone from the Nutrition Program main office will contact you with step-by-step instructions on completing your volunteer application and getting started.

## **Veteran's Information**

### **Mercer County Veterans Services**

2280 Hamilton Ave Suite 1  
Hamilton, NJ 08619  
609-989-6120

### **NJ Department of Military & Veterans Affairs**

101 Eggerts Crossing Road  
Lawrenceville NJ, 08648  
609-530-6892

### **Trenton Vet Center**

934 Park Ave  
Ewing NJ, 08618  
609-882-5744

### **Veterans Integrated Service Network**

Hamilton Outpatient Clinic  
3635 Quakerbridge Rd, Suite 30  
Hamilton NJ, 08619  
1-800-661-8177

## **Senior Craft Case**

Visit our Senior Craft Case, located in the Main Hallway near the Restrooms. We have a showcase filled with purses, baby items, scarves, hats, aprons, blankets and more, all made by our senior crafters. Buy them for yourself or as gifts for loved ones. Ask for assistance in the office to see these great items!



Visit the Hamilton Township Senior Center website at [www.HamiltonNJ.com/Seniors](http://www.HamiltonNJ.com/Seniors) and be informed of the Senior Center hours, transportation services, upcoming events, activities, and trips.

# Senior Center Programs & Activities

<b><u>Activity/Program</u></b>	<b><u>Day of the Week</u></b>	<b><u>Time</u></b>	<b><u>Location</u></b>
Backgammon	Thursdays	3:00pm	Game Room
Ballroom Dancing (Instructed Class)	Fridays \$5.00 per class	10:00am	All Purpose Room
Billiards	Monday - Friday	All Day	Billiards Room
Bingo	Mondays & Thursdays	1:00pm	Main Dining Room
Bocce	Monday - Friday	All Day	Indoor Bocce Court
Canasta	Mondays & Thursdays	12:30pm	Game Room
Cards	Monday - Friday	All Day	Game Room
Chair Exercise (DVD)	Tuesdays Wednesdays	9:00am & 10:00am 10:00am	All Purpose Room
Chair Yoga (DVD)	Thursdays	10:00am	All Purpose Room
Chess Club	Wednesdays	2:00pm	Computer Room
Choral Group	Tuesdays	1:00pm	Main Dining Room
Chrochet Group	Mondays	10:00am	Card Room
Dominoes	Fridays	1:00pm	Game Room
Knitting Group	Wednesdays	1:00pm	Main Dining Room
Line Dancing	Mondays Wednesdays	9:45am & 12:15pm 9:00am	All Purpose Room
High Intensity Interval Training (HIIT) Workout (DVD)	Thursdays	8:45am	All Purpose Room
MC Nutrition Program 609-586-7272	Monday - Friday	8:30am - 12:30pm	Main Dining Room
Ping Pong	Monday - Friday	All Day	Indoor Bocce Court
Pinochle	Tuesdays	8:30am	Game Room
Rummikub	Tues/Wed/Thur	1:00pm	Game Room
Spiritual Wellness	Wednesdays	10:00am	Computer Room
Step It Up with Curtis (DVD)	Mondays & Fridays	9:00am	All Purpose Room
Swimming Pool	Mon/Tues/Thur/Fri \$3.00 per day	9:00am-11:00am	Indoor Swimming Pool
Splash Fitness (Instructed Class)	Mon/Tues/Thur/Fri \$3.00 per day	9:00am-10:00am	Indoor Swimming Pool
Tai Chi (DVD)	Wednesdays	12:00pm	All Purpose Room

 If there is an activity you would like to see offered at the Senior Center, please stop by the office or use the suggestion box located by the front entrance.

# A1C SCREENING

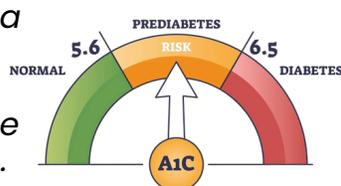
Presented by: RWJ at Hamilton

**Tuesday – January 6, 2026**

All Purpose Room  
12:15pm

RWJ @ Hamilton will be here this day to do A1c screenings and provide information on levels and what they mean. See the Front Desk to make your appointment. You do not have to fast for this appointment, it is just a screening.

Hemoglobin A1c (HbA1c) is a form of hemoglobin in red blood cells that is formed when glucose (sugar) in the blood binds to hemoglobin.



# UNO TOURNAMENT

Sponsored by:  
Preferred Care &  
Platinum Home Care

**Tuesday – January 13, 2026**

All Purpose Room  
12:30pm



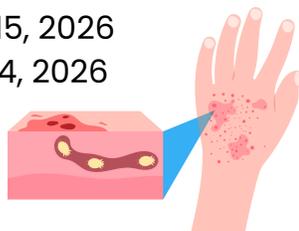
Sign up for a morning of UNO fun! This tournament is sponsored by Preferred Care & Platinum Home Care and will end in small prizes. There is limited space, so if you are interested in participating make sure to sign-up at the front desk.

# SHINGLES VACCINE CLINIC

**1<sup>st</sup> Dose:** Thursday – January 15, 2026

**2<sup>nd</sup> Dose:** Thursday – March 24, 2026

All Purpose Room  
10am – 1pm



Shingles, also known as *herpes zoster*, is a painful rash caused by the reactivation of the varicella-zoster virus, the same virus that causes chickenpox. **Getting vaccinated against shingles reduces your chance of developing the condition.**

# LUNG CANCER SCREENING PRESENTATION

Presented by: RWJ at Hamilton

**Wednesday – January 7, 2026**

All Purpose Room  
10:00am

Join Kaidlan Ricardo from RWJ of Hamilton to become informed about what a Lung Cancer Screening entails, who qualifies and how to schedule one. Interested in attending? See the front desk to sign-up.



# PANEL OF EXPERTS

Presented by: VanDyck Law Group  
Estate Planning & Elder Law Attorneys

**Wednesday – January 14, 2026**

All Purpose Room  
12:15pm

Join Senior Health Experts on this day to find out what services offer help in senior care for yourself or a loved one. Make sure to look for the flyer on the main hallways tables if you are interested in attending!



# Golden Connection Social Group

Wednesday:

**January 21<sup>st</sup>, February 18<sup>th</sup> & March 18<sup>th</sup>**

10:15am in the All Purpose Room

Looking for a welcoming space to connect and build new friendships? Join the "Golden Connection Social Group" to chat about shared interests, casual hangouts, or simply meet new people in the area! Hosted by Julianne from VanDyck Law Group and Barbara from Brookdale of Hamilton. **No sign-up required.**

# Jeopardy

Presented by: BrightStar Care & Brookdale of Hamilton

**Tuesday - January 27, 2026**

All Purpose Room  
10:00am



Join BrightStar Care and Brookdale of Hamilton as they co-host a fun and exciting game of Jeopardy here at the Senior Center! There is limited space for this program so make sure to sign-up at the front desk!

# Superbowl Wrap-Up

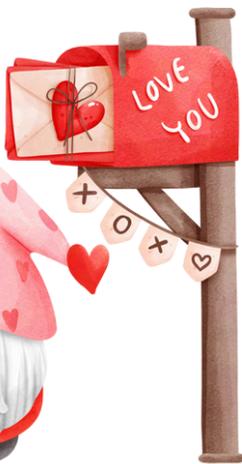
**Monday - February 9, 2026**

Main Dining Room  
Winner Announced: 11:00am



Make sure to get your final guess of the Superbowl score in by **Friday - February 6<sup>th</sup>** for the chance to win a prize donated by our gracious Community Partner, Hamilton Grove. *The Winner will be announced at 11am in the Main Dining Room.*

# Valentine's Just Dance



**Thursday - February 12, 2026**

Main Dining Room  
2:00pm - 5:00pm

Dance the afternoon away at our first Just Dance of 2026! Remember you are welcome to bring your own dinner and/or snacks. A sweet treat and coffee/tea & hot chocolate will be provided. Adult guests (18+ years of age) are welcome but must be accompanied by a member to attend. Make sure to look on the main hallway tables for ticket information!

# TECHNOLOGY HELP

with Volunteer Benny Recine

**Thursday:  
January 22<sup>nd</sup> & February 26<sup>th</sup>**

Computer Room  
3pm-5pm

**\*by appointment only\***



Do you need assistance with your smart device, phone, laptop or tablet? Volunteer, Benny Recine will be here at the Senior Center to help you with your devices. **Limited space available.** If you would like to reserve your spot, please schedule your appointment at the front desk.

# BULLYING IN OLDER ADULTS

Presented by: Braven Health

**Tuesday - February 10, 2026**

All Purpose Room  
10:00am



Join Melissa from Braven Health for this informative program as she discusses how to identify and address bullying among older adults, such as why bullying happens and how to create a positive environment. If you are interested in attending this program, see the front desk to sign-up.



Hosted by: Preferred Care of Hamilton

**Wednesday - February 11, 2026**

All Purpose Room  
12:15pm

Join Tony from Preferred Care this afternoon as he hosts Trivia to test your knowledge with a twist of fun and prizes! Space is limited, make sure to look on the main hallway tables for sign-up information.

# Circle of Friends

Sponsored by: VanDyck Law Group  
Estate Planning & Elder Law Attorneys



**Last Friday** of every Month  
9:00am in the All Purpose Room

Grief comes in many forms. A safe space to talk about our journey in grief allows us to experience our emotions with other's who share the same. This group will focus on grieving a lost loved one or grieving someone living who has a long-term health condition or dementia. This group will be facilitated by Sheli Monacchio, Sheli is a Bereavement Facilitator and will provide this safe space monthly for our Senior Members on the last Friday of each month. No sign-up required.

# ST. PATRICK'S DAY



**Tuesday - March 17, 2026**

Main Dining Room  
3pm - 6pm

*Just Dance*

Everyone is Irish this day! Make sure to pull out your green attire and join us at our St. Patrick's Day Just Dance! Remember you are welcome to bring your own dinner and/or snacks. Water and coffee/tea will be provided. Adult guests (18+ years of age) are welcome but must be accompanied by a member to attend. Make sure to look on the main hallway tables for ticket information!



## Left, Right, Center

Hosted by: Platinum Home Care



**Tuesday - March 10, 2026**

All Purpose Room  
10:00am

Join Jill from Platinum Home Care as she hosts: left, right, center! There is limited space for this program, so if you are interested in attending, make sure to look on the main hallway tables for sign-up information.

## Coloring for Relaxation

Hosted by: Stephanie



**Wednesday - March 11, 2026**

All Purpose Room  
12:15pm

Join Volunteer Stephanie Cuddahy to express your creative side, relieve stress, meditate, or to just simply color! **ALL** supplies will be provided for this program. Limited space is available, so if you are interested in this session, make sure to look on the main hallway tables for sign-up information.

# Winter Word Search

Find the words hidden across, backward, up, down, and diagonally.

W	A	S	K	I	L	O	P	D	S	E	S	A	S	M	C	D	T	R	E	S
L	O	N	E	G	H	E	S	E	I	C	I	C	L	E	A	L	O	S	T	A
D	G	E	B	N	A	S	L	O	P	S	G	E	M	S	C	S	P	O	S	D
O	L	S	A	L	P	M	L	D	E	G	N	U	S	J	I	T	I	S	A	S
L	F	O	R	S	I	G	M	E	W	I	N	T	E	R	L	A	C	O	E	N
S	R	E	L	O	N	Z	D	M	O	L	I	U	S	A	M	H	D	E	S	O
L	O	D	F	E	E	B	Z	S	P	X	C	E	M	A	I	L	O	S	M	W
A	S	L	O	M	N	E	S	A	S	L	O	P	E	M	O	S	D	E	A	M
M	T	G	O	R	E	S	A	S	R	A	S	E	N	N	D	E	R	S	L	O
R	B	A	M	I	O	R	S	L	E	D	N	E	S	A	U	Y	S	K	L	P
O	I	L	E	S	M	N	O	U	S	S	Y	Y	O	L	E	S	B	A	B	U
T	T	C	O	L	D	H	E	S	A	U	L	I	Q	E	V	M	O	T	A	S
S	E	G	N	U	S	L	O	S	R	X	M	E	R	S	A	M	U	E	P	L
W	L	M	N	R	O	U	Y	E	C	A	L	P	E	R	I	F	E	S	O	P
O	S	R	E	A	S	M	L	O	R	E	S	O	P	T	H	U	I	S	B	A
N	R	E	S	M	R	O	S	G	E	L	K	S	T	O	L	T	T	N	E	S
S	E	R	A	S	G	H	E	R	V	B	C	E	C	E	R	S	L	K	R	E
R	I	S	T	T	M	N	S	C	P	O	N	D	L	A	C	D	A	Y	E	R
M	C	C	Z	O	M	G	B	U	O	S	R	T	S	W	Q	L	L	N	D	B
D	E	L	O	O	S	T	L	B	R	E	A	L	N	S	F	C	A	S	U	S
H	S	A	S	B	E	N	M	O	D	F	E	A	R	W	B	A	L	O	S	C
G	F	J	U	W	R	S	A	S	V	B	C	A	O	E	S	N	O	L	R	E
D	S	H	O	V	E	L	B	G	S	E	A	N	D	T	A	D	N	B	F	S
L	O	B	G	E	S	H	O	W	E	V	S	R	S	A	N	L	G	D	E	L
C	O	L	E	D	G	R	U	O	I	E	N	D	A	L	R	E	F	S	E	A
L	Y	F	A	S	T	M	O	U	N	R	T	A	I	O	N	S	C	A	L	O
H	Z	I	Y	M	N	A	E	M	I	G	S	I	V	C	T	O	P	R	I	E
W	O	N	T	I	F	E	R	S	L	R	E	D	D	O	I	N	I	G	L	G
S	C	N	O	R	M	W	A	N	J	E	A	K	C	H	F	R	N	O	L	S
T	A	L	A	K	S	A	Y	E	U	E	N	W	E	C	H	O	E	L	A	I
D	A	C	U	Y	S	A	M	I	K	N	L	Y	F	T	A	R	C	D	B	S
F	S	I	R	P	E	L	N	I	B	A	C	A	C	O	E	H	O	Y	W	T
C	H	O	C	L	O	A	T	E	M	L	K	I	R	H	R	E	N	I	O	D
E	E	F	R	O	S	T	R	M	E	A	J	F	A	M	I	L	E	Y	N	A
L	O	E	N	E	W	I	N	T	R	A	E	C	L	O	D	S	N	O	S	T
M	I	F	N	I	S	N	O	W	M	A	N	A	L	L	I	D	M	O	N	E

- Blizzard
- Boots
- Cabin
- Candles
- Chimney
- Cold
- Cozy
- Evergreen
- Fireplace
- Frost
- Frostbite
- Gloves
- Hats
- Hot Chocolate
- Icicle
- Ice
- Mittens
- Pine
- Pinecone
- Scarf
- Shovel
- Skates
- Ski
- Sled
- Snow
- Snowball
- Snowflake
- Snowman
- Snowstorm
- Winter



# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>Center Closed</b> New Years Day	2	3
4	5	6 AIC Screening 12:15pm, APR	7 Lung Cancer Presentation, 10am, APR	8	9	10
11 NEC 9:30-11:30am, CR	12	13 UNO Tournament 12:30pm, APR	14 Panel of Experts 12:15pm, APR	15 Shingles Vaccine Clinic (1 <sup>st</sup> dose) 10am-1pm, APR	16	17
18 <b>Center Closed</b> MLK Jr. Day	19	20	21 Golden Connection 10:15am, APR	22 Tech Help, 3pm, CR *Appointment Only*	23	24
25	26	27 Jeopardy 10am, APR	28	29	30 Circle of Friends 9am, APR	31

*"I wonder if the snow loves the trees and fields that it kisses them so gently?  
And then it covers them up snug, you know, with a white quilt; and perhaps it  
says, 'Go to sleep, darlings, till the summer comes again.'" - Lewis Carroll*



# February



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 Superbowl Wrap-Up 11am, MDR	10 Bullying in Older Adults, 10am, APR	11 Trivia 12:15pm, APR	12 Valentine's Just Dance 2-5pm, MDR	13 <b>Center Closed</b> <i>President's Day Observed</i>	14
15	16 <b>Center Closed</b> <i>President's Day</i>	17	18 Golden Connection 10:15am, APR	19	20	21
22	23 NEC 9:30-11:30am, CR	24	25	26 Tech Help, 3pm, CR <i>*Appointment Only*</i>	27 Circle of Friends 9am, APR	28

**Note:** The use and/or display of harassing behavior & profaned language is not permitted on the Senior Center premises. Such behavior is a violation of our code of conduct. Thank you for your cooperation.



# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10 Left, Right, Center 10am, APR	11 Coloring for Relaxation 12:15pm, APR	12	13	14
15	16 NEC 9:30-11:30am, CR	17 St. Patrick's Day Just Dance 3-6pm, MDR 	18 Golden Connection 10:15am, APR	19	20	21
22	23	24 Shingles Vaccine Clinic (2 <sup>nd</sup> dose) 10am-1pm, APR	25	26	27 Circle of Friends 9am, APR	28
29	30	31	<p>Please look our for flyers posted on our bulletin board located in the main hallway or our website, <a href="http://www.HamiltonNJ.com/Seniors">www.HamiltonNJ.com/Seniors</a> for updates and information.</p>			